



# Social Planning Council

Williams Lake and Area

*Many Voices - One Table - Shared Goals*



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**REMINDER: Next community meeting is on February 27, 2023**

**January 23 Guest Speaker(s): Jill Zacharias, Tamarack Community**  
Bring your updates for the famous \*lightning round.

February

**27**

\*The lightning round is changing but you'll have two minutes to share

Location: [Zoom](#)

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Next  
**COMMUNITY MEETING**  
February 27, 2023

Click your calendar app below to add February's meeting to your schedule



Powered by [AddEvent](#)

## Community Updates



### Central Interior Rural PCN Community Survey

**Interested in helping to shape a health care system that works better for you and your community?**

The *Central Interior Rural Primary Care Network* wants to support a primary health care system that works to meet your health care needs. **We would like your help** to better understand:

- You and your health care needs
- Where you go if you have a health care need
- What you do and do not like about your experience
- What we can do to make this system work better for you and your community

The following **15-minute** survey is designed to help answer these questions. To thank you for your time you will be invited to enter a draw to win a **\$25 gift card (to Tim Horton's, Save-on-Foods, or Fresh Co)** at the end of the survey - there will be **3 draws** and the deadline to respond to this survey is **February 28, 2023**. *If you are unable to complete the survey on your own, you may ask someone to complete and submit the survey on your behalf.*

Survey link: [Central Interior Rural PCN Community Survey | 1/17 \(reichertandassociates.ca\)](#)

# Take Survey Now



DIRECTOR  
SUZANNE  
CROCKER  
THERE FOR  
Q&A!

**FREE  
ADMISSION**

WATCH THE FILM  
& TALK FOOD SECURITY  
SOLUTIONS

FEB 6 @ 6:00PM  
GIBRALTAR ROOM

WILLIAMS LAKE SCREENING

**FIRST WE EAT**

foodhub@wlspsc.ca

Hosted by the Central Cariboo Community Food Hub Project, with funding and resources gratefully provided by United Way BC and the Social Planning Council of Williams Lake & Area

 United Way  
British Columbia

 Social Planning Council  
Williams Lake & Area

Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island

View our Facebook event page [HERE](#)

CLICK to REGISTER



# Housing Options for Seniors



The City of Williams Lake, in partnership with Urban Matters and BC Healthy Communities, is embarking on a new Seniors Home-sharing Planning Project. Through this project the City of Williams Lake wishes to better understand their senior population housing needs and preferences and explore a variety of non-traditional housing possibilities for meeting the housing needs of seniors within the community.

We are inviting seniors within Williams Lake to share their perspectives and needs by participating in the following online survey. The online survey will take approximately 10-15 minutes to complete and can be accessed via QR code or the website link below.

Information from this survey will be confidentially used to inform the final recommendations of the Seniors Home-sharing Planning Project. If you have any questions about this project please contact the project lead, Anne Burrill at [anne.burrill@urbanmatters.ca](mailto:anne.burrill@urbanmatters.ca)



**Take the survey at this link:**

<https://www.surveymonkey.ca/r/WilliamsLakeSeniorHousingSurvey>

This initiative is funded by the Age-friendly Communities Grant Program, which is funded by the Ministry of Health (MoH) and delivered by BC Healthy Communities Society in partnership with the MoH."

## The Williams Lake Film Club presents **Close**

The next Williams Lake Film Club screening is the Belgian film **Close** by Lucas Dhont on **Thursday, February 9th at the Paradise Cinemas**. This is the second feature-length film by Lucas Dhont, and it was awarded the Grand Prix Award at Cannes and was just nominated for Best International Feature at the Oscars.

"It's an elegant, beautiful, moving film" - Alissa Wilkinson, Vox

[View the trailer here](#)

Please share with friends, family and colleagues!



The Williams Lake Film Club presents

# CLOSE

Leo and Remi are two thirteen-year-old best friends, whose seemingly unbreakable bond is suddenly, tragically torn apart. Winner of the Grand Jury Prize at the Cannes Film Festival, Lukas Dhont's second film is an emotionally transformative and unforgettable portrait of the intersection of friendship and love, identity and independence, and heartbreak and healing.

**Thursday February 9th**

**Doors 6:30 | Show start 7:00pm | Paradise Cinemas**

**Tickets \$10.00 Advance tickets at the Open Book and for sale before show in theatre lobby**

**Resources & Training**



## [SI Canada Investment Readiness Webinar](#) [Indiegraf](#)



**Tuesday, February 7, 2023, | 1:30 – 3:15 PM EST | FREE**

Join us for the third event in our Investment Readiness Webinar series, and learn about Indiegraf's journey to become investment ready.

Discover how Indiegraf raised seed capital to create a collaborative initiative that provides consulting, marketing, sales, and technology services to journalist entrepreneurs, early-stage digital native news organizations, and other small publishers.

The event will start with a brief presentation followed by an engaging panel discussion with important insights and perspectives from the investors and the Social Purpose Organization (SPO).

Learn more about [Indiegraf](#).

Read the case study in [English](#) and [French](#).

### **What you'll learn:**

- The main strategies on how social purpose organizations can become investment ready
- How to evaluate and measure impact as an SPO
- Investors' perspectives and key takeaways in this journey

### **Who is this for?**

This event is for anyone interested in learning more about the investment readiness journey of SPOs. It would be most relevant to non-profits, charities, co-operatives, social enterprises, and for-profits with a social mission, investors, funds, and policymakers.



## Sustainable, Accessible, Affordable Transportation: Exploring the Rural Experience

How can we improve rural systems of transportation and make them more accessible?  
What role can car-sharing play in access and sustainability?  
What lessons have we learned?

Tune in online  
**TUES, JAN 31,**  
11 am - 1 pm



### Treno Morton

Driven by Community Coordinator,  
Climate Engagement Specialist,  
Dartmouth (IC)



### Briana Cowie

Project: Village organizer, Executive  
Director of ECW, NB



### Yves Hennekens

Founder of the SAUVeR platform,  
President, YHC Environnement



### Morgan Dunn

Youth Transportation Project, CBYF  
Coordinator, Digby (IC)

This is from eastern Canada but may host some great ideas!

Register on Eventbrite

## Funding Opportunities



## Exciting Grant Opportunities in 2023

As you begin planning for the new year, we are excited to announce [BIPOC Grants](#), and [Participatory Action Research \(PAR\)](#) grants launching in January! Please visit our [Grant Updates page](#) to stay informed as we will continue to release more information for new grant opportunities and updates to existing programs.

### Participatory Action Research Grants

[Participatory Action Research Grants \(PAR\)](#) support research that is co-led by community members and researchers to learn more about the root causes of pressing issues impacting the health of communities. There are two different grant types available, Convene (one-year) or Investigate (multi-year), depending on the stage of your project in the participatory action research process. **Full**

applications for Convene grants & stage 1 of Investigate grants open on January 16, 2023. Visit the [PAR webpage](#) to see more key dates.

We'd like to encourage you to download our [PAR Guidelines](#) and [Decision-Making Framework](#) to learn about PAR and decide which grant meets the needs of your research project.

## LEVEL BIPOC Grants

The [LEVEL BIPOC Grants](#) are flexible, general operating grants of \$50,000 for BIPOC-led organizations in BC to support work in racial equity and racial justice. Addressing racial inequities and injustices is important systems change work, and racialized communities are at the forefront of solutions by and for their communities. These grants are intended to be used at the discretion of these organizations based on their need and priorities to ultimately support the aspirations and hopes of BIPOC leaders in their work to advance racial justice. [Learn more about why Vancouver Foundation offers LEVEL BIPOC Grants.](#)

**Stage 1 for LEVEL BIPOC Grants opens on January 23, 2023.** Visit the [LEVEL BIPOC Grant page](#) to see more key dates. Have questions about this granting opportunity? Download the [2023 BIPOC Grant frequently asked questions](#) resource to find your answers.

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**Community Services  
Recovery Fund**



Canadian  
Red Cross



Start Your Application

## Employment & Volunteer Opportunities

Full-Time Summer Job  
Available in Williams Lake BC  
Teacher Naturalist at Scout Island

**Resumes Due Feb. 22, 2023**

Scout Island Nature Centre will be hiring summer staff as teacher naturalists this year. As a teacher naturalist, you will plan and teach nature programs to children, learn the various flora and fauna of the Cariboo-Chilcotin Region, care for the nature house live and static displays, and guide visitors at the nature centre.



The job will be 40 hours/week for 14 weeks between May 1 and Aug. 25 at \$20/hour.

You need to have at least one year of university completed. Visit [www.scoutisland.ca](http://www.scoutisland.ca) to learn more about the Nature Centre to see if this is where you want to be this summer. Interest in biology/natural history and experience working with children is important. Those with traditional ecological knowledge are encouraged to apply.

**Resumes are Due by February 22**



Send to Sue Hemphill, Executive Director, a resume' including references and a cover letter as to why you would like to work at Scout Island at [shemphill@xplornet.com](mailto:shemphill@xplornet.com) or call 250 398 8532 for more information.

Interesting, Engaging, and Important Work—helping people to explore, enjoy and understand nature. If you love to learn about nature and then share what you know with others-this is the job for you.

## January 23 Community Meeting Draft Minutes

**Date:** January 23, 2023      **Time:** 11:30 am – 1:00 pm      **Location:** [Zoom](#)

**Chair:** Larry Stranberg/Shannon Thom      **Minutes:** Bree Odd

**Present:** Larry Stranberg, Bree Odd, Barb Jones, Brianna van de Wijngaard, Laurie Walters Shannon Thom, Eva Navrot, Sherry Yonkman, Michael Moses, Michael Moses, Anne Burrill, Madison, Stacey Miranda, Chris van der Mark, Pat Biblow, Kelly MacDonald (guest speaker)

**Regrets:** Carla Bullinger, Silvia Siebert-Dubray, Tammy Levesque-Holyk

### Land Acknowledgement

The Social Planning Council of Williams Lake and Area would like to acknowledge this meeting is taking place on the traditional unceded territory of the Secwepemc Nation and the T'exelc people.

### Review & Approve Agenda for January 23, 2023

**Motion to accept** Laurie Walters      **Seconded** Shannon Thom      **Carried**

### Review & Approve Minutes for November 28, 2022

**Motion to accept** Pat Biblow      **Seconded** Sherry Yonkman      **Carried**

**Member Introductions:** Share your name and the organization you represent.

**Guest Speaker(s):** Kelly MacDonald, Community Health Facilitator, Healthy Communities | Population Health, Kamloops Public Health Unit.

- Community health support person for the Thompson-Nicola-Cariboo region.
- Does not provide sick care.
- Assists in building communities where people can live well.
- Facilitator for the community to support and lean on each other.
- Collaborates with medical health, harm reduction, services providers, mental health, etc.
- Focus on prevention, promotion, Indigenous communities, municipalities, and others.
- Research in BC shows 1 in 3 is living with a chronic health condition.
- Building blocks to healthy living
  - Environment 10%
  - Biology 15%

- Your personal health care is 25%
- Your life circumstance 50%
- Most focus on social economics but accessibility is important.
- Shared responsibility – advocating for a living wage, breaking gender biases, and creating conditions for better health.
- Important to learn about policies, planning, and projects in the community.
- Boots on the ground in the background – providing assistance with grants, workshops, and sharing tools and resources.
- Recognized at the International Delegation for work on Extreme Heat resources in Kamloops.
- Work to link people to Interior Health, digging internally to find the right help at the time.
- Look for opportunities to work together and not download more work – offer support
- Working closely with Beth on housing. Working on doctor recruitment, active transportation, and poverty reduction.
- Community action with the government to reduce alcohol-related harm.
  - Suggestions for safety are available on the IH website.
- The food Costing report for 2022 distributed soon
  - Resource for food security, well-being, grant applications
  - Alexis Blueschke could provide an overview of it at an upcoming community meeting

### **Questions, Answers, Comments**

**Michael** – thank you for the refresher

**Laurie** – important to become an IH member and sign up for their newsletter

**Shannon Thom took over as Chair at 11:57 am**

### **Lightning Round - Organizational Updates, a Challenge/burning question, or a Success**

**Barb Jones – Communities That Care (CTC):** Wrote a letter to encourage local businesses to place step stools in bathrooms so parents with small children can encourage proper hand washing practices. **Burning question** – how do we get the letter to all the local businesses?

**Suggestions** – contact Sherry Yonkman, Downtown Business Improvement and Jason Ryll, Chamber of Commerce

**Bree Odd – Social Planning Council (SPC), BC Schizophrenia Society (BCSS):**

Planning BCSS “Strengthening Families Together” program for end of February. Planning to include member highlights in upcoming newsletters, if interested in being showcased contact Bree.

**Chris van der Mark – School District 27 (SD27): Challenge** – Staff recruitment.

Recruitment incentives need to fit with collective bargaining policies. **Success** – long-term lease properties found in 100 Mile, two rentals available. Forty staff engaged in learning opportunities. Third year for highest enrollment.

**Eva Navrot – Seniors Advocate:** Busy with advocacy. **Challenge** – funding runs out in April, and we are looking at a new volunteer operational model. **Success** – The City of Williams Lake and Urban Matters collaborated to develop and launch the age-friendly housing survey, please encourage seniors to complete it

<https://www.surveymonkey.ca/r/WilliamsLakeSeniorHousingSurvey>. Funded by the Age-friendly Communities Grant Program (funded by the Ministry of Health) and delivered by BC Healthy Communities Society in partnership with the MoH. Seniors Advocates and Women's Contact Society provides free assistance with income taxes. Reviewing the need to create a seniors rep group to help increase connections for seniors to resources, and services. A new emergency support service is in place, and computer system training is almost complete for it. Cariboo Chilcotin Partners for Literacy updates

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- Jan. 22-29 is Family Literacy Week!
- StoryWalks will be up at various schools throughout the week
- StoryWalk is up in the windows of the library – stories are posted here all winter long
- Family Fest is on Jan. 28 from 10-1 in the Gibraltar Room. A fun free event for the whole family
- Family Fort Night at the library 5:30-7:00 pm on Jan. 28. First of its kind in Williams Lake! Dinner, reading and fort building in the library after hours were done in partnership with CCPL and the library. Pre-registration is required. The event is full but the library is collecting a waitlist in case anyone cancels
- We have an active early years network that provides family literacy programming throughout the year. Check out the monthly early-year calendar published by Child Care Resource and Referral for a glimpse into the many programs offered to families with young children.

**Laurel White – BGC Williams Lake Club & CMHA Cariboo-Chilcotin Community**

**Action:** Planning “Harm Reduction Training” on February 24 from 9:30 - 12:30 and 12:30 - 3:30 at the Gibraltar Room. Snacks/lunch provided as well as shared resource tables set up. Local businesses are the target audience. If interested in hosting a resource table contact Laurel.

**Laurie Walters – Community Futures (CF), SPC:** Attending Local Government Contribution: A game changer... webinar with six local reps on Wednesday. BC Non-profits in the planning stage for interest and validity of creating a provincial non-profit body. Writing a grant for Community Services Recovery Fund to reignite the Thrive Poverty Reduction strategy.

**Madison Batty – BGC Williams Lake:** New painting program, Flex your... and Pro-D child day care, hiring for summer positions.

**Michael Moses – City of Williams Lake:** Caring for Community training. The Williams Lake First Nation is hosting a Sacred Fire on Wednesday it is open to all. Michael is inviting anyone who feels uncomfortable attending on their own to be his guest and attend with him. Chairing his first Community services meeting, share your input with him.

**Pat Biblow – Thompson Rivers University (TRU):** Many people from TRU are heading to the Sacred Fire. **Challenge** – finding a replacement for Director Bryan Daly. Lots of flu and colds going around. **Successes** – Electrical, welding and health care programs are well underway. Astronomy and literature courses are offered.

**Sherry Yonkman – Downtown Business Improvement Association (Downtown BIA):** Would like to take Michael up on his offer to attend the Sacred Fire. Collaborating with Dwayne Davis to plan a local art fair, initial meeting on January 31 at 10:30. Please

share updates with Sherry around the 25<sup>th</sup> of each month, she will add them to the BIA newsletter.

**Stacy Miranda – Cariboo Memorial Recreation Complex:** Many programs are up and running. Planning outside/external rec centre programs.

**Brianna van de Wijngaard – The Central Cariboo Community Food Hub:** Had some extra funding in the budget to hire a couple of project coordinators, they will attend meetings in the future. Planning screening of “**First We Eat**” for Monday, February 6 in the Gibraltar Room at 6:00 pm. More info on SPC event page <https://www.facebook.com/events/1325866268245229/?ref=newsfeed>

**Shannon Thom – WorkBC:** Potential training opportunity coming, stay tuned. **Big Success** –a 10-year on/off-again client has been successful in finding fulfilling work at a local handi-mart. The client stated, “The experience has been fantastic.”

**Meeting Adjourned:** 12:23 pm Chris van der Mark

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**Social Planning  
Council** Williams Lake  
and Area

## 2023 Community Meetings

January 23

July 24

February 27

August - **summer break, no meeting**

March 27

September 25

April 24

October 23

May 29

November 27 - **AGM & Community Meeting**

June 26

December - **winter break, no meeting**

Meeting minutes can be found [HERE](#)

**Join Today, Become a Social Planning  
Council Member!**

Social Planning Council is a member-supported organization. Your membership fees are critical to supporting our work connecting, collaborating, and bringing our

community together for a better quality of life for all.

For more info contact [info@wlspc.ca](mailto:info@wlspc.ca)  
or find a membership form [HERE](#)



The Social Planning Council of Williams Lake and Area  
thanks to the City of Williams Lake for their funding support.

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266 Oliver Street, Williams Lake, BC V2G 1M1

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