



# Social Planning Council

Williams Lake and Area

*Many Voices - One Table - Shared Goals*

**Just a reminder...**

**REMINDER: See you at 11:30 this morning, March 27, 2023**

**March 27 Guest Speaker(s): James Evans**, Project Manager – Labour Market Study, T̓silhqot̓in National Government

Remember your updates, challenges/burning questions, and/or success for the famous \*lightning round.

*\*You only have two minutes to share*

**Location:** [Zoom](#)

- [Today's Zoom Link](#)
- [March 27 Draft Agenda](#)
- [February 27 Draft Meeting Minutes](#)
- [Did you hear about this?](#)
- [Notable Quote](#)
- [2023 Community Meetings](#)

March

**27**

**Next  
COMMUNITY MEETING  
April 24, 2023**

Click your calendar app below to add April's meeting to your schedule



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- [Join Today, Become a Social Planning Council Member!](#)

## Today's Zoom Link

**Topic:** SPC Community Meeting

**Time:** Mar 27, 2023 11:30 AM Vancouver

### Join Zoom Meeting

[https://us02web.zoom.us/j/82060235786?  
pwd=Y01yYmVndTFoR1BXUHI2THArR2RPQT09](https://us02web.zoom.us/j/82060235786?pwd=Y01yYmVndTFoR1BXUHI2THArR2RPQT09)

**Meeting ID:** 820 6023 5786

**Passcode:** 228412

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**Meeting ID:** 820 6023 5786

**Passcode:** 228412

**Find your local number:** <https://us02web.zoom.us/u/kbst3WMDIe>

## March 27 Draft Agenda

**Date:** March 27, 2023

**Time:** 11:30 am – 1:00 pm **Location:** [Zoom](#)

**Chair:** Larry Stranberg

**Minutes:** Bree Odd

### Land Acknowledgement

The Social Planning Council of Williams Lake and Area would like to acknowledge this meeting is taking place on the traditional unceded territory of the Secwepemc Nation and the T'exelc people.

### Review & Approve Agenda for March 27, 2023

Motion 1

Seconded by

Carried

### Review & Approve Minutes for February 27, 2023

Motion 1

Seconded by

Carried

**Member Introductions:** Share your name and the organization you represent.

**Guest Speaker(s): James Evans**, Project Manager – Labour Market Study, with the T̓silhqot̓in National Government.

### Questions, Answers, Comments

**Lightning Round - Share an Organizational Update, a Challenge, or a Success**  
*Just remember you still only have two minutes*

1. an update on events/programs/initiatives your organization is planning

**or**

2. a challenge your organization is working to solve

**or**

3. a success you want to brag about

**or**

4. a combination of the above

**NOTE:** *Anyone can share feedback, possible connections, or thoughts to what they heard during their time or in the chat*

**Meeting Adjourned:**

## February 27 Draft Meeting Minutes

**Date:** February 27, 2023

**Time:** 11:30 am – 1:00 pm **Location:** [Zoom](#)

**Chair:** Larry Stranberg

**Minutes:** Bree Odd

**Present:** Larry Stranberg, Bree Odd, Brianna van de Wijngaard, Laurie Walters, Shannon Thom, Sherry Yonkman, Michael Moses, Michael Moses, Marvene Latey, Stacey Miranda, Jill Zacharias (guest speaker), Beth Veenkamp, Silvia Siebert Dubray, Krista Harvey, Hannah Diether, Carla Bullinger, Surinderpal Rathor, Beth Holden, Robin Hunt, Carrie Julius

**Regrets:** Eva Navrot, Craig Glover, Barb Jones

### Land Acknowledgement

The Social Planning Council of Williams Lake and Area would like to acknowledge this meeting is taking place on the traditional unceded territory of the Secwepemc Nation and the T'exelc people.

**Review & Approve Agenda for February 27, 2023**

**Motion to accept** Shannon Thom

**Seconded** Krista Smith

**Carried**

**Review & Approve Minutes for January 23, 2023**

**Member Introductions:** Share your name and the organization you represent.

**Guest Speaker: Jill Zacharias**, BC Manager of Growth and Impact - Communities Ending Poverty, Vibrant Communities - Tamarack Institute

- Tamarack develops and supports collaborative strategies that engage citizens and institutions to solve major community issues across Canada and nationally
- Four areas of focus: collective action, building youth futures, deepening community, and addressing climate change
- The principles of Tamarack are Community Connections, Place Matters, Hope and Optimism, Equity and Inclusion, Courage and Learning, Action and Impact
- Catalyze change to build capacity at community levels for system change at the local level, creating a sense of belonging
- Advocate for systems change at a higher level based on local levels of input
- Always learning and evaluating to understand what systems keep people in poverty
- Networking with over 90 communities across Canada
- 1<sup>st</sup> time attending the Together BC Strategies at BC Government meeting on Feb 28
- Build capacity in the community through coaching and peer–expert support, group/online learning, events, publications, policy and systems support
- UBCM Thrive Reduction funding, working together to develop and implement plans for poverty reduction
- 23 active members with 30 other communities learning together across BC to set the stage for change at the local level
- Support communities of learning: lessons learned, and connecting dots with others working on similar causes
- Plan H Healthy Communities funding supports living wage initiatives
- It is critical to align all efforts
- Advocate for Collective Impact for all tables working, learning, and shifting together
- Case studies: Transforming Systems Through Lived Experience – Guide 10 Ways Local Government Can Propel Social Change, Summit for Strength April 25-27, 2023
- Support resilience at a local level, individuals, local government, and community to reduce the impact

#### **Links shared via chat**

- <https://www.tamarackcommunity.ca/library/case-study-transforming-systems-through-lived-experience>
- <https://www.tamarackcommunity.ca/library/10-ways-local-government-can-propel-positive-social-change>
- <https://events.tamarackcommunity.ca/summit-for-strength>

#### **Questions, Answers, Comments**

**Michael** – thank you, this work aligns with local goals – human awareness, looking forward to attending the summit. Please forward links

**Laurie** – thank you

**Carla** – thank you, we have a poverty reduction strategy and review it regularly to continue on the path, moving priorities forward. We are working together to re-boot

**Jill** – recognizes work already being done, it is the Seeds of Hope

**Surinderpal** – thank you, great presentation

**Jill** – there is an opportunity to have a group watch party via Zoom for the upcoming summit. If interested let her know. There are two free seats for the summit (Laurie and Michael attending)

**Carla** – thank you Beth for being a strong advocate

### **Lightning Round - Organizational Updates, a Challenge/burning questions, or a Success**

**Michael Moses, City of Williams Lake:** Message from Shannon O'Donovan – advocate for climate action. Release of “*We Can Think It Out*” on Friday, March 3 - <https://www.youtube.com/watch?v=VddZgwBhVNs>. This was a very special collaboration project between a group of youth ages 10-18 yr. olds and a few Cariboo local musicians, Pharis Romero, Shannon O'Donovan and Dena Baumann. The film festival is hosting the “What’s Up in the Puddle” at the Arts Centre, tonight. Tickets are \$10, cash only at the door.

**Shannon Thom, Work:** thank you, Michael, no updates today

**Sherry Yonkman, Downtown Business Improvement Association (Downtown BIA):** Attended the Harm Reduction community training event, organized by Laurel White. Please take the time to attend the evening session coming up in the near future; it is well worth your time. BIA finished the bingo presentation to support local restaurants. Current focus Women of the Month. Contact Jason Reel or Sherry if you would like to nominate an outstanding woman in our area. There will be a ladies' night at the long house on March 31.

**Krista Harvey, BGC Williams Lake Club:** There is still time to register for the spring break programs for 5-12-year-olds and Noopa 12-18-year-olds.

**Melissa Newberry, Thompson Rivers University (TRU):** Day of Giving on March 2-3 initiative funds go towards making post-secondary education available to rural population <https://www.tru.ca/giving.html>. “A Night Under the Stars” gala on April 1<sup>st</sup>. Not public yet, but ticket sales will start soon. Contact Melissa for more information.

**Marvene Latye, Northern Interior Communities Association, Community Gaming Grants:** Workshops March 9 and 30 at 1:30 pm. Prince George's Coordinator resigned and looking for someone to fill the position.

**Laurie Walters, Community Futures (CF), SPC:** Applying for several grants.

**Silvia Siebert-Dubray – City of Williams Lake:** Updating Community Safety Plan for 2023. Developing a suicide and sudden death protocol.

**Surinderpal Rathor, City of Williams Lake:** Thank you to the staff and council. Thank you, Michael, Beth, and Silvia for the updates. City working on the budget. Door-to-door, strategy working together going well. Hospital announcement released. CRD budget available online. Attending a meeting with the SD in March. Working on upcoming programs and initiatives.

**Beth Veenkamp, City of Williams Lake:** Reminder Seniors Home Sharing survey report completed in April. Report to council for pre-zoning for accessible dwellings – multifamily, properties have to meet specifications – garden homes, carriage houses projects. Local action to increase housing. Meeting on urban-extreme heat - what we

can do in community apartments. Shout out to Krista for an excellent presentation at the Chamber meeting.

**Beth Holden, Cariboo Regional District (CRD):** Grateful to be at the meeting and learning about all the great work on big-picture projects. “Make the Move” to recruit people to our area completed, link on CRD website [https://www.cariboord.ca/en/business-and-development/make\\_the\\_move.aspx](https://www.cariboord.ca/en/business-and-development/make_the_move.aspx). Improvements to Troll Mountain and Mount Timothy. Cultural tours to connect visitors are available.

**Hannah Diether, Interior Health (IH):** Primary Care Network Community Survey, 15 minutes to complete, link <https://surveys.reichertandassociates.ca/f/s.aspx?s=BD4E1B38-DBCF-4AE4-A3E9-2023FDC1278C>. Bridge to Care is complete. Two nurses continued in 100 Mile House, available 4-9 pm. In-person is available occasionally. Contact Health Connect for the waitlist to visit a healthcare practitioner. Primary Care Network with Allied Health has mental health clinicians. Unattached individuals can connect when referred.

**Carla Bullinger, Cariboo Partners for Literacy (CCPL):** Regular programs will be on hold during spring break. A challenge to access funds to sustain the literacy social enterprise. Working on financial stability plan. Presented to the Chamber, Rotary, and others. Rallying around the program. Success on the literacy social enterprise, linked to the [Thrive Poverty Reduction Plan](#), completed a well-attended six-week pilot in January.

**Brianna van de Wijngaard, The Central Cariboo Community Food Hub:** Hired two additional coordinators, Robin Hunt and Stephanie Bird. Stephanie is developing a seed resiliency project and meal support programs with the school district. Robin is creating workshops for the potential of food recovery. \$6000 donated through food collection at the Farmers Market last year. Working on a plan to collect again this year.

**Robin Hunt, The Central Cariboo Community Food Hub:** Food insecurity, working on the website, mission, vision and long-term seed gleaning.

**Carrie Julius, Hospice Society:** Provide seniors care at the end of life. Two new staff on board – Monique Goward and Kylie Green.

**Bree Odd, Social Planning Council (SPC), BC Schizophrenia Society (BCSS):** Share in for newsletters and Facebook anytime, the earlier the better for time-sensitive updates. Postponed BCSS “Strengthening Families Together” to the end of March.

**Eva Navrot, Seniors Advocate via email:** Invites everyone to the BC Community Response Network Table (stopping elder abuse together). The meeting takes place on the 2nd Wednesday of every month. The next meeting is March 8 at 10:00 AM at the senior’s activity center 176 North 4th Avenue. Contact Eva at 250-303-1249 for more info. The focus of the committee is to bring seniors' concerns to the table, provide seniors' resources, and present educational opportunities for individuals concerned about the safety and well-being of seniors.

**Larry Stranberg, Community Futures:** Registered for Elder’s College

**Meeting Adjourned** 12:52 pm, Carla Bullinger

Did you hear about this?

# WILLIAMS LAKE EXTREME HEAT MAPPING WORKSHOP



We will work to create a heat vulnerability map that will identify populations and locations in our community that are most vulnerable to the effects of extreme heat.



## PROCESS



Identify & map areas of concern



Gather input from locals, leaders, professionals



Develop a plan to protect people at risk

## WHO'S AT RISK?



Low Income households



Infants



Cognitive / mental health impairments



Elderly



Pre-existing health conditions



## HOW TO GET INVOLVED

Attend our workshop and help develop the Heat Response Plan

- **Location** – City Hall, City of Williams Lake
- **Date & Time** – Wednesday, April 5<sup>th</sup>, 10:30 am to 1:00 pm (lunch included)
- **RSVP** – Contact [hinglis@urbansystems.ca](mailto:hinglis@urbansystems.ca)

## Notable Quote

"We are more **powerful** when we empower each other."

~ unknown



**Social Planning  
Council** Williams Lake  
and Area

## 2023 Community Meetings

January 23

February 27

March 27

April 24

May 29

June 26

July 24

August - **summer break, no meeting**

September 25

October 23

November 27 - **AGM & Community Meeting**

December - **winter break, no meeting**

Meeting minutes can be found [HERE](#)

**Join Today, Become a Social Planning  
Council Member!**

Social Planning Council is a member-supported organization. Your membership fees are critical to supporting our work connecting, collaborating, and bringing our community together for a better quality of life for all.



For more info contact [info@wlspc.ca](mailto:info@wlspc.ca)  
or find a membership form [HERE](#)



The Social Planning Council of Williams Lake and Area  
thanks to the City of Williams Lake for their funding support.

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