

COMMUNITY MEMBERS MEETING MINUTES

Date: June 26, 2023

Time: 11:30 am – 1:00 pm

Location: [Zoom](#)

Chair: Larry Stranberg

Minutes: Bree Odd

Present: Larry Stranberg (chair), Shannon Thom, Bree Odd (minutes), Laurie Walters, Rosanna McGregor, Pat Biblow, Sherry Yonkman, Amy Carson, Tammy Deusy, Silvia Seibert-Dubray, Katie Matuschewski, Marnie Brenner, Heather Silvester, Gregory Nickel (guest speaker), Wylie Bystedt, Brianna van de Wijngaard, Jenna Seymour, Stacey

Regrets: Tammy Levesque-Holyk

Land Acknowledgement

The Social Planning Council of Williams Lake and Area would like to acknowledge this meeting is taking place on the traditional unceded territory of the Secwepemc Nation and the T'exelc people.

Review & Approve Agenda for June 26, 2023

Motion Silvia Siebert Dubray Seconded by Sherry Yonkman Carried

Review & Approve Minutes for May 29, 2023

Motion Pat Biblow Seconded by Laurie Walters Carried

Member Introductions: members shared their names and organizations.

Guest Speaker(s): Gregory Nickel, Crisis Intervention Specialist - Mobile Response Team (MRT) with Health Emergency Management British Columbia (HEMBC), Provincial Health Services Authority (PHSA)

- The Mobile Response Team (MRT) provides support to long term care, first responders, and front line workers
- Started in 2017 as a support to those working with drug toxicity events
- 10 people make up the MRT team for Island Health and Interior Health
- Support front line workers within 48 hours of a crisis events – floods, fires, and others
- Support to groups and individuals
- Provides Critical Incident Debriefing and various resiliency building workshops for agencies
- Supports are free based on funding
- Look for ways to support in person, text, phone, zoom – work hard to say yes to provide support
- Building connections via in-person meetings across the province
- Supports are not counselling – it is to provide tips and tricks to build resiliency
- Everything we hear is confidential, no personal info is saved

Questions, Comments, Concerns

Question Wylie asked, “Are there team members covering Kamloops, Quesnel, and Northern Health?”

Gregory, “Yes in Kamloops, hiring someone in Prince George who will cover Quesnel and north.

Heading to Quesnel shortly to build connections.

Marnie shared, “it is a fantastic role and applaud the peer support work you do. Do you call to see how communities are doing? What about Indigenous communities and compounded trauma? **Gregory,** “we have three casual police members on the team and reaching out more to connect confidentially. We ask if they are a staff member, take note of the date and provide support”

Lightning Round - Share an Organizational Update, a Challenge, or a Success

Brianna van de Wijngaard, The Central Cariboo Community Food Hub: Slow right now. United Way will be here on July 12 – 14 to find out who can use extra volunteer support and/or funding. Building relationships with the school district and their Feeding Futures program to build school meal plans in the province, provide support, and help execute. Continue collecting food at the Farmer's Market for distribution locally.

Shannon Thom, Horton Ventures (d.ba. WorkBC Centre Williams Lake): No updates

Tammy Deausy, Cariboo Chilcotin Child Development Centre (CCCDC): Quiet time in summer. Hired a second pediatrician. Starting renovations after August long weekend. "Horsin' Around" program to support early development is going strong.

Marnie Brenner – Interior Health (IH): Heat Planning for 2023 is developing a response-planning toolkit to assist with extreme heat concerns, strategies, and systems for southern BC

Wylie Bystedt – T̓silhqot'in National Government (TNG): Letting people know James has moved into the communications/emergency department

Heather Silvester, Canadian Mental Health Associations Cariboo Chilcotin Branch (CMHA CCB): Staff trained in safeTALK and ASIST (suicide preventions and interventions). Provide Mental Health First Aid. Family Connect will start up in the fall. Victims Services provides courses for men and women. The Interior Crisis Line operates out of CMHA, there are four other centres in the Interior Region.

Katie Matuschewski, Interior Health Mental Health and Substance Use (MHSU): We have 14 new positions. There are two new, a collaboration between the RCMP and nurses to provide support after release. Larry asked, if the program started already, Katie shared liaisons are taking place and working through the pieces now. There will be a formal launch soon.

Silvia Seibert-Dubray, City of Williams Lake: Working with Victims Services to develop a victims card to hand out at the Stampede, for anyone triggered, the RCMP will have a recruitment table as well. There has been 245 situations through the Cariboo Chilcotin Action Response Team (CCART) tables. Situations have slowed a little with lots of amazing connections made. Providing Red Cross Wellness Exchange to First Nation communities and navigating mental health services. The Emergency Support Services (ESS) team will participate in Cultural Safety and Awareness, and Wellness training in August.

Amy Carson, Thompson Rivers University (TRU): We rescheduled the Gala to October 14; the artist announcement will be coming soon.

Pat Biblow, Thompson Rivers University (TRU): Happy to have Amy on the team. The Trades and Nursing programs start July 10. The Residential Construction program is almost full, interest is high. Riley Thomas, the new Academic Director will start August 14.

Sherry Yonkman, Downtown Business Improvement Association (BIA): Developing the guidebook for the Artwalk. It will start August 11 and has 30 locations to visit. Reminder of the Public Artwork display through the City, it is a great opportunity for local artists. Applied for the Northern Development Initiative Trust (NDIT) to make the downtown area look pretty. Reminder to send updates for the BIA newsletter by the end of the month, newsletters go out on the 1st Wednesday of the month.

Stacey Miranda, City of Williams Lake: The Recreation Centre hosted the Grad. Aboriginal Court Day on July 1st. Fall swimming registrations are starting.

Bree Odd, Social Planning Council (SPC), BC Schizophrenia Society (BCSS), and CMHA: Continue work on website and local SPC presentation. Wrapping up BCSS work, if you know someone interested in applying for the Cariboo Regional Educator position, please connect them with Bonnie Spence-Vinge at intmanager@bcss.org Connect with Madison Rushton, CMHA training.coordinator20@cmhacariboo.org if interested in safeTALK, ASIST or other community resilience training.

Rosanna McGregor, Cariboo Friendship Society (CFS): Have a Toxic Drug workforce awareness team organized during Stampede weekend. There is free Naloxone kits available during the Stampede. Having a Naloxone kit on hand does not mean you have to give the injection. **Silvia** asked if CSF has the nasal kits as well, CFS does not, only the First Nations Health Authority provides them. Hot weather outreach staff will be providing water. **Stacey** asked when kits can be picked up; CSF is closed on Friday and open Monday during Stampede weekend, regular closures thereafter. Would like to see Response Management Skills for supervisors offered at TRU. The Ministers of Poverty Reduction Committee session will be taking place in Williams Lake on July 12 from 3-5 pm at the Gibraltar Room. The focus is on what poverty looks like, what we see, what is increasing it (besides transportation), what is suitable in and out of community. Want to help facilitate the process and watch for more info coming soon. There is an eventBrite online platform to register.

Laurie Walters, Social Planning Council (SPC): Lots of great info shared.

Larry Stranberg, Community Futures Cariboo Chilcotin (CF): Reviewing many new business plans. Baby boomers are selling their businesses. Office shuffling taking place at CF for new staff.

Rosanna asked when the last meeting before summer break will take place, July 24

Meeting Adjourned: 12:52 pm Rosanna McGregor