



CTC Board Meeting Minutes

Location: Zoom link

Date: June 9th, 2020

Time: 1-3 pm

Present: Angela Kadar, Hayley Guichion, Eva Navrot, Dana Sarauer, Sandra Scott, Linda Bingham, Deana Conde Gaza, Barb Jones

1) Welcome:

- Recognition of the Secwepemc First Nations.
- Introductions, and share your favorite self-care routine with the group.

2) Review May highlights and June agenda:

- 13 community partners participated in May's meeting. There was a lot of interest in the PNAS so it had been added as a standing agenda item. UPDATE; we discussed last month that the school district applied to the Red Cross to fund the survey, but unfortunately they did not received this funding.
- Consent received from group to record todays exercise and roundtable to assist me with minutes.

3) Prevention Needs Assessment Survey (PNAS):

- CTC was not successful in any of its proposals for funding this year, we are working off funds carried over from previous years that the SPC has done an excellent job of managing and that will enabled CTC to continue to move forward. However, do the PNAS and Community Profile funding is needed.
- I applied to Civil Forfeitur grant and to MCFD, which we did not receive. I looked into Gaming grant but CTC did not meet the requirements.
- Some good news! Troy from MCFD just contacted me last week to say they had a budget surplus and if we still were looking for funding, which of course I said YES! So am waiting to hear back on that.
- Once funding is secured, we will start the PNAS working group

2016 Community Profile: <http://www.sd27.bc.ca/healthy-schools-healthy-students-/communities-that-care/>

Check out socialplanninginfo@gmail.com for more information on CTC





4) Wicked Question Exercise: <https://www.hsdinstitute.org/>

- A “Wicked Problem” is a social or cultural problem that is difficult or impossible to solve such as; poverty, racism and preventing problem behaviours in youth which is the focus for CTC. Last month Tamarack hosted a webinar with a speaker from the Human Dynamic Institute (link above) who explained how their network has taken the concept of a wicked problem and organized once per week for 20 min, for one of their members to ask a question about a problem or challenge they are struggling with in real time. It is a method for generating new ideas by staying in a place of inquiry and not jumping to solutions
- I am hoping you might want to make this a regular exercise with our Network. I was part of this exercise when I attended the Tamarack conference last year and I found it to be a very powerful, yet simple exercise.
- So for this first attempt I am going to use the problem of not receiving funding for the PNSA. My Wicked Questions is “How can CTC secure future funding?”

5) Guidelines for asking questions:

- **What?** Asker frames an issue they are struggling with in 3-5 sentences (which I have already done, CTC needs funding)
- **So What?** Asker listens to question generated from the group without answering them until the questions stop. The group asks questions that are:
 - Open ended
 - Not disguised as advice
 - And can be beyond the knowledge of the asker
- **Now What?** Asker reflects on the questions asked.

6) Questions asked by group:

- How much funding is needed?
- Is this funding needed annually?
- Have all funding sources been explored?
- Is there opportunity for partnerships in applying for grants?
- When do you need funding by?
- Have you connected with other groups doing this work and found out where they access funding from?
 - All great questions everyone, thank you!

7) Roundtable updates:

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Eva Navrot, Women's Contact Society

- They are adjusting to new ways of doing business, rotating staff half at a time through the office. Open to the public 10-3pm. Counselling is happening through Zoom and phone calls. Kid Care 1&2 are up and running. CCRR is hosting dance videos for moms and little ones with Fabiola and games on their Facebook page. The clothing room is still closed, and they are working to re-establish the food shelf. One more GFB for June then going to back offering the GFB once/month, orders have decreased.

Hayley Guichion, Yeqox Nilin Justice Society

- Staff are back in the office June 15th, others need to make an appointment before coming to the office. No plans for summer camps but will be assisting with Chilcotin gatherings. Lane our wellness worker is planning craft nights on Zoom, more info to come.

Dana Sarauer, CMHA

- Lots of people are still working from home, but plans are being made to have more people in the office. Counsellors are meeting with people either online or at Scout Island. Become the Change Program held its first online session and it went really well, "I am excited about the next 7 weeks". We are using MyGoTo Meeting platform to run the program and are taking referrals for the next group. I am working on a website for the Human Trafficking Awareness program. People will be able to log in and take the course online.

Linda Bingham, Densiqi

- Clients will be able to access the building next week but need to book ahead. Clinicians are seeing people in a variety of ways. Summer programs will be offered in smaller groups, 2 of groups of 10 in July for 8-12 yr old's and 2 groups of 10 in August for 13-15 yr old's (culture, life skills). Taking registrations now. They are working on the urban equestrian program, more info to come

Angela Kadar, Big Brothers & Sisters

- The office is still closed to the public, but they are slowing getting everyone back and are working on protocols for families coming into the office. Our Purple bins are still closed. Community based mentoring has started, keeping social distancing rules in mind. They are using Micro Soft Teams to run their 6 week Go Girls Programs for girls ages 11-13yrs. 1 hr/week that covers balanced eating, balanced living and social emotional skills. Starts

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July 1st. Invites have been extended to outlining areas to include more children. They are hoping to start the Naturally Empowered horse camp and are taking registrations for girls 11-13 yrs.

- Check out www.techsoupcanada.ca support and discounts for nonprofits and charities using technology.

Deana Conde Gaza, Boys and Girls Club

- The club is busy, we are continuing crafts Wednesday's 1-2pm for ages 13-18yrs, and the Anime is happening online over the summer. Parenting During a Pandemic Zoom has finished, but 3 more planned in future. They are taking registrations for summer camps, that will be held in four locations to be able to manage numbers. \$20/day, subsidy's available. Looking to hire 8 summer positions.
- NEW Blue Jays Baseball Virtual Summer Camp 5-12 yrs. at no cost. The different ages groups have activities on different days of the week and can sign up full or part time. Room for 50-100 children. Up to 20 electronic devices are available for loan for any of the summer programs through the club.
- We are organizing on average 240 Care Kits per month. They are taking donations. They have funding for the food care packs to be distributed over the summer. They are still taking donations; staff meet our side the club for pick up. Readymade food packs that can be heated and eaten are also being distributed.
- They have 92 MM Meats card to hand out to families in need. If families need help accessing food from stores in Prince George or Kamloops they can help bring the food in.

8) Confirm July 14th, 2020 CTC Network Zoom meeting

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