



CTC Board Meeting Agenda

Location: Zoom call

Date: May 12th, 2020

Time: 1-3 pm

Present: Hayley Guichon, Suzanne Cochrane, Sandra Scott, Bree Odd, Eva Navrot, Aislin Barr, Margaret Anne Enders, Angela Kadar, Anne Burrill, Dana Sarauer, Carla Bullinger, Jamee Wryghte, Barb Jones

- 1) Welcome, acknowledgment of Indigenous Lands of the Secwepemc First Nation and introductions (name, organization and describe with an emoji how you feel today).
- 2) Review April agenda and May highlights
 - In April CTC had a Zoom network meeting; 16 community partners attended. We had a one-hour round table and we provided updates on our programs in response to COVID 19. I felt it was a bit rushed so we are back to regular meeting time 1-3pm for May .
- 3) CTC discussion question: How we can use the CTC Network in our communitiy to respond to COVID 19.

Discussion:

- Communities That Care (CTC) is a community-based approach to preventing problem youth behaviours while focusing on promoting positive healthy behaviours and understanding the root causes of negative behavior. It was launched in Williams Lake in 2009. The corner stone of the CTC process in the Prevention Needs Assessment Survey (PNAS) completed in our school district in 2009 and 2016. The next survey is coming up in the 2020 school year.
- The level of impact CTC has in the community comes from the development of common agenda/or shared vision, created out of the data gained from the PNAS. We collaborate and work collectively with a shared vision of the changes we want to see for our children, youth and community.
- This next survey will help inform us of the impacts of the 2017 wildfires and COVID 19. How do we hold the emerging needs and responses and continue to pay attention to system wide issues?

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- With everything that is happening we cannot forget about the bigger system issues and making systems more equitable.
- Building community resiliency. How do we build in supports so when things happen on a individual, community or global level we can prevent the impact of a crisis?
- There is more political will not that more people have had to rely on the safety net.
- There has been lots of positive collaboration, cooperation and innovation in the community to address needs and find ways of delivering services in a new way.
- How do we strengthen the positive changes so that things don't snap back to the way they were? Keep the good things that we now have. We need to ask, what do we want to keep, this it important work of prevention efforts.
- Use the CTC Network to go deeper into thinking about what is happening, use these conversations to address problems and prevent them from happening again.
- Discussion around the PNAS. Agreement to add it to agenda and being planning process. The school district is waiting to here back from Red Cross about funding. There may be a response before the next meeting.
- The schools are doing lots of work with vulnerable families. Is there a way of making the connection between what the children are saying in the survey with what the parents are experiencing? Linking information between the children and parents' experiences?

4) Roundtable

Jamee Wryghte:

- MCFD Youth Probation, MCFD: The office is open to the public through from downstairs. They are making efforts to limit 1-1 contact through phone calls, but child protection social workers still need to make home visits. No travel out west at this time and courts are closed until summer, so once they are open again things will get interesting. Social workers are not allowed to use Facebook or Messenger for privacy and security reasons, so it makes it difficult to connect with youth. Finding housing for youth is an ongoing issue. Changes to their phone system in the works, being issued new phones and numbers that will be connected to their computers.

Eva Navrot, Women's Contact Society:

- The office is still closed to the public. There are three counselors providing services over the phone, GFB being offered twice in May due to the large order in April. However, some people who ordered GFB's didn't pick them up. The need is there but people are having trouble picking up the boxes. How to get the boxes to those in need? Clothing

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closet still closed. Not able to deliver the Red Cross component of my program due to traveling restrictions out west. Talking a lots about reopening and what that will look like.

Hayley Guichon, Yeqox Nilin Justice Society

- Organizing a online talent show. Youth email their pictures and videos entrees which are voted on. Not sure of the prizes yet, probably will be gift cards. Working on offering online Zoom workshops. Helen Knott will be presenting May 27th.

Bree Odd, BC Schizophrenia Society (BCSS):

- Offers support to families who have relatives with severe mental health issues. They can refer through the BCSS website or through another agencies. Hosting the first Zoom support group on Thursday and providing 1-1 support outdoor walks. Not running Strengthening Families Program right now but moving forward on plans to run groups in smaller numbers.

Aislin BARR, RCMP Victim Services:

- Not many updates since the April meeting. Working from home and offering crisis call outs as needed. Courts still closed. The RCMP detachment will hopefully be opening to the public soon.

Margaret Anne Enders, Community Member:

- No updates but shared deep gratitude for the folks who are providing support to those in need in the community.

Angela Kadar, BB&BS:

- Still closed to the public, sending out food, toys, online activities such as online escape rooms that can be shared for others to use. Still handing out KFC to those in need; packs include 3-4 bags with 6 pieces of chicken each. Community matches are being offered virtually and other social distancing activities such as gardening. Also planning a virtual fundraiser, 5k Your Way until May 30th . \$20 and you get an app that logs your activity, until you reach 5km in any form of activity you choose. Running group programs online for youth 11-13 year in groups of 6-7, topics covers, healthy eating, active living, feeling good.

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Dana Williams, CMHA, Community Victim Services:

- Working from home but working on a plan for returning to our offices. Am close to being able to offer the Human Trafficking and Be the Change programs online. Be the Change starts June 4th. Must be over 19 years and identify as male.

Suzanne Cochrane, Cariboo Recreation Center:

- Lots of meetings with BC Parks and Recreation on ideas on how to run summer programs and camps. Working with the licensing officer on ways to offer Rec and Role to help offset the challenges in the school district. We have set up some physical literacy sidewalk challenges around different neighbourhoods and have partnered with CCPL and set up storywalk boards so people can get out and read stories in the park. Also looking at different areas where people are being active and setting up circuit activities. The tennis courts, skate and bike parks are open. Bike park is getting some improvements made to it. Looking at offering ball classes, but juggling with having smaller classes and there are limited gym space in our community. They have started the Williams Lake Rocks Project. There is a pile of plain rocks in front of the building and they are hoping people will pick them up and decorate them and bring them back to for others to enjoy.

Anne Burrill, Thrive and Housing First:

- Doing lots of work around food security and helping people become more self-sufficient. Housing First is still offering services but no home visits or rides provided. Important to note that people who are receiving CERB who are on social assistance are not eligible for this benefit. Money is taxable and may have to be paid back next tax season. Working with a group that is arranging isolations units for people who may be symptomatic, been in contact with COVID or are medically vulnerable.

Sandra Scott, Sd27:

- You may have heard that kids are going back to school, but the final decision has not been made, more planning needs to be done. There is some anxiety and concern from teachers about how to keep children and staff safe . Feedback from some parents is that there is only a few weeks left of school and they are now into a routine and do not want to disrupt that and will wait until September. The food program for vulnerable families

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is still going. Satya yoga studio is coming in to offer wellness activities for staff such as mindfulness and stretching. Hoping it will grow into ongoing self-care for teachers.

Carla Bullinger, CCPL:

- CCPL offices are closed to the public; however, CCPL staff is still available by phone or email.
- **ESL and Settlement Services** – Maryna by email maryna@caribooliteracy.com or phone 778-412-9333
- **Financial Literacy Services** – Kirsten by email kirsten@caribooliteracy.com
- **Partner Assisted Learning** (volunteer tutoring program) – We have a new coordinator for the PAL program. Her name is Angelika Sellick. You can reach her by email angelika@caribooliteracy.com
- One of our biggest initiatives is the Bright Red Bookshelf, where families can pick up books to take home. All the bookshelves are currently behind closed doors so we've been working with community partners to help us get books to families. We dropped off 150 books with the Salvation Army, and they will put books into their food hampers. The school district is delivering food packages to vulnerable families throughout the Cariboo Chilcotin, and we have brought them 400 hundred books to include in their food packages. School District food packages go out to families who live in the Chilcotin and the South Cariboo, in addition to Williams Lake and area, so we're really pleased that families who are normally beyond our geographical reach will receive books. This month, with are working with the Good Food Box, a project of the Women's Contact Society, to include books in boxes destined for families.

5) Confirmed CTC Zoom Network meeting for June 9th 1-3pm

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