



CTC Network Meeting Minutes

Location: Community Futures 266 Oliver Street

Date: February 11th, 2020

Time: 1-3 pm

Present: Robyn Rekunyk, Lane Spooner, Annette Frank, Anne Burill, Alexandra Weiand, Nataha Poyser, Penny Stavast

- 1) Welcome and introductions: Round of quick introductions (name, agency and length of time you have lived in Williams Lake)
- 2) Review February agenda and January highlights
 - There were a few regrets due to the cold weather last month. We played the snowball games and learned some basic facts about CTC.
 - In today's meeting we are doing a relational mapping exercise based on your experience of living and working in Williams Lake then we will discuss our insights and discoveries.
 - Roundtable starts at 2pm, depending on the discussion of the mapping exercise.
 - Meeting ends at 3pm but we have the room until 3:30pm for networking, so no need to rush out.
- 3) Barb explains relational mapping:
 - Relational mapping is a tool used in conflict analysis that I learned in my residency at Royal Roads University and am excited to try with CTC. It can be used to analyze larger systems, groups or organizations and for individual challenges.
 - Why Map?? Relational mapping is a tool for reflective thinking. It is similar to concept mapping or rich pictures, except that it is 3 dimensional objects instead of words or pictures to represent ideas or views. Afterwards, we stand back and consider the meaning; colors, shapes, distance, are all important to consider. For example, the size of an object can represent the influence exerted on the system and the distance between the objects can represent closeness or lack of.
 - It is a way of looking at a system from a different perspective. Mapping helps us generate understanding around complex issues without overloading us with information and, enhances communication by allowing everyone to contribute what they feel is important

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- Debrief: Everyone created an individual map that reflected either their personal or work experience in Williams Lake. Themes that emerged included:



- Barb: Circle represents CTC, the center red blocks are our youth, using the four domains to build protective factors. Importance of working together. Yellow is my education and the opportunities that it creates. My values between work/family/education are close.



- Penny: Selfcare includes good boundaries between our personal and work lives, the work can be heavy, and it is important to keep ourselves healthy. Carla: The transition to the community as a newcomer was a difficult, but the reasons for staying and the relationships that have been build are now larger than the reasons than made it hard at first.

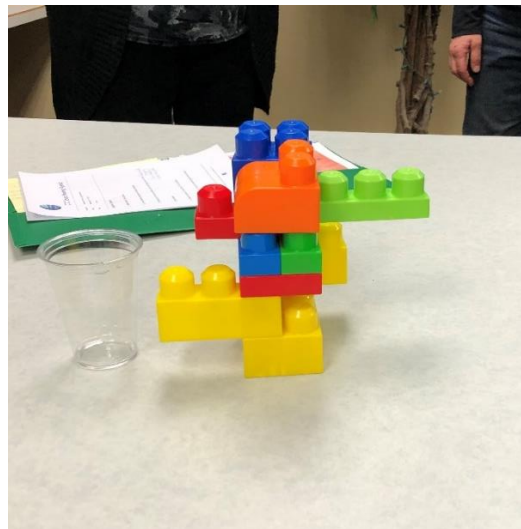
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- Natasha: There are many people in need that do not get help when they need it most. Our support services have limited hours many are left vulnerable after hours, the blocks on the side represent those in need.

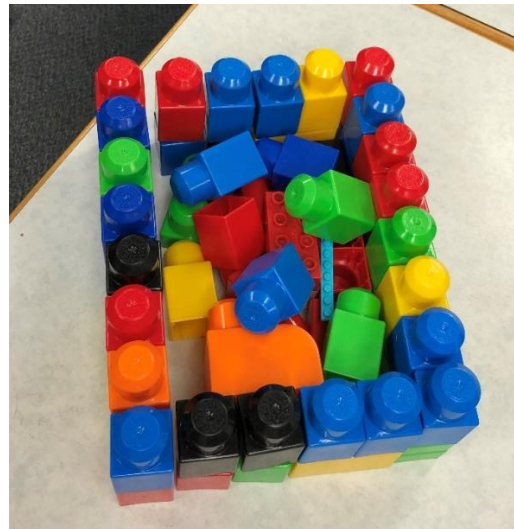


- Robyn: WL has provided a solid foundation. There has been lots of branching out and many different experiences, but WL has called me back.

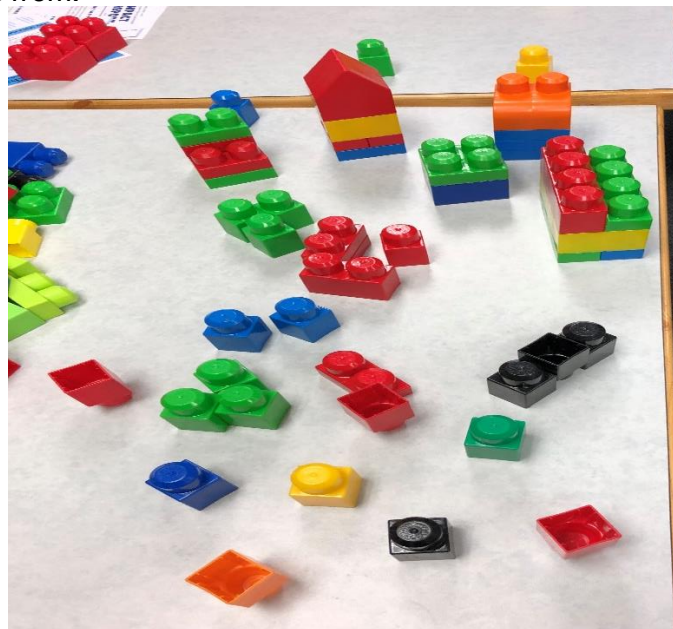
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- Alexandria: WL has many diverse services but that people who need them still need to dig and look for them. People outside of the boundaries of the community have much less to choose from.



- Anne: Thinking about how people access services in WL and how services work together. Some are more approachable than others. The upside-down blocks represent vulnerable people. Some have supports holding them up and they do better, and others have no support network and struggle. It can be hard for people to reach out and some services may seem impenetrable.

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- Lane: It takes many people to tackle a difficult problem. We need to work together to solve big problems, coming together to share the load.
- Annette: The bridge of trust. The foundation of my work starts with building trust and it take time. Bridging the gap between individuals and supports. (Sorry Annette, I did not get a picture of your beautiful bridge!

4) Roundtable

Natasha, WLIB: On Sunday we held our health and wellness program in the community. 84 people participated. It was a garden theme with health and selfcare information and activities. The Chief participated. Well supported with a diverse age group. Natasha is off work in March for maternity leave but will returning to the position.

Alexandria, Boys and Girls Club: Rewild Your Child will be a new program offered this summer. Summer day is separate than Day camp. Get in the Game is another new activity planned July/Aug. Tues and Fri at 1:30-3:30pm badminton for all abilities. B&G club would like to bring back IYT, meeting being held today to go over terms. Planning is underway for Race for kids June 6th Herb Gardner park. Youth week is in May and looking for volunteers for planning committee.

Anne, Thrive: Thrive is a poverty reduction plan that aims for upstream prevention and community engagement. Priority Setting session will be held on Feb 19th 8am-1pm at Single Point. Coffee, snacks and lunch provided. Poverty rates by age group: youth 15-19yrs is at 26.6% almost double than the overall rate of 14%. Poverty rate for aboriginal people is 30%.

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Penny, Community Victim Services: Received two grants to provide human trafficking education for youth and Healthy Relationships workshops. Survey of 294 youth and found 1-3 in have been exposed to human trafficking, mainly on social media, but also in flyers, newspaper, posters in airports, looking for models. Will be providing the same workshops and survey at Skyline but anticipate numbers will drop because this behaviour is normalized. Penny's case load before wildfires was 55 and today is 130 and not dropping. Many new families coming in, with no prior history and at the stage of needing hospitalization. The third Becoming the Change program is planned. It had been very successful, all participants who enrolled in the program have completed the program. Now making an application for a Community Justice Navigator; this is huge gap for families in the community.

Annette, Anaham Band. Cultural nights have starting and are going well. All elders 1st night all kids the second night. Activities are self-directed.

Lane, Yeqox Nilin Justice Society: Our Youth Symposium is Feb 21-22, opening up for late registrations, open to everyone. Grand opening for Indigenous Court is May 1st at 10:30 at the Rec Complex.

Robyn, Women's Contact Society: Family Fest had approximately 300 people attend. 4-5 new booths/vendor this year. March 7th is International Women's Day. May 24th is Children's Fest in Boitano Park.

Carla, CCPL:

- **Partner Assisted Learning** – volunteer tutors are matched up with adults who want to improve - their reading, writing, and numeracy skills has resumed. Contact Sandy for more information at sandy@caribooliteracy.com
- **Computer Literacy Classes** – Every Thursday from 10-12 at our new location, 118A First Ave. This free class is designed for beginners.
- **ESL Classes** – English as a Second Language (ESL) classes for newcomers are offered Mon-Fri. at our office 118C First Ave. Every level has its own class time and week day. Childminder is present during all ESL classes and Conversation Circles to accommodate learners with children. Please find out more from Susan, our ESL Instructor at: 778-41-9333, susan@caribooliteracy.com 9AM to 3PM, Monday to Friday.
- **Settlement Services** – Settlement services office is open: Monday to Friday, 9-12 (Maryna) and 1:30-3:30 PM (Katya). If Katya is not in the office during the afternoon, please call her cell phone or email her for information or to set an appointment at: 250-267-9040, katya@caribooliteracy.com
- **Financial Empowerment** – CCPL provides one-on-one sessions as well as workshops. Contact Kirsten for more information at kirsten@caribooliteracy.com Kirsten is providing

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a training session for service providers on Feb. 28 from 9:30-3:00 at Pioneer Complex. There are still a couple of spaces available so register now.

- **Plain Language Workshop** – Carla provides plain language workshops. They are free, take less than an hour, and are interactive. Contact Carla at carla@caribooliteracy.com to book your workshop.

Barb Jones, CTC: I attended the [Co-Creating a Sustainable BC](#) info session last Friday by the Fraser Basin Council. For those of you who couldn't attend there is an online info webinar for tomorrow (Tuesday) at 4:30 pm. They will present on the youth initiative for our area and allow time for Q&A. Please feel free to register and/or forward this email to others. It will be recorded, and the recording can be sent afterwards as well. Registration details: <https://attendee.gotowebinar.com/register/3237979685195614219> (After registering, you will receive a confirmation email containing information about how to join the webinar.) For interested youth (16 -30yrs) there is a wrap-up event on March 28th in Kamloops to learn more about the initiative. They are also reaching out to start recruitment for the next Youth Advisory Committee in the springtime, and to a decision on where the 2020-2021 youth cohorts will be located. For more information check them out on social media or www.fraserbasin.bc.ca/ccsbc.html

March 10th, 2020 meeting, chair is needed. March Topic, Bringing Heart into Collective Impact – help build understanding of collective tasks.

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