



CTC Board Meeting Agenda

Location: Community Futures 266 Oliver Street

Date: March 10th, 2020

Time: 1-3 pm

Present: Deana Conde Gaza, Brock Leavins, Suzanne Cochran Jessica Dunn, Dana Sarauer, Linda Bingham

- 1) Welcome and introductions
 - 2) Review March agenda and February highlights
 - March's activity is called Bringing Heart into Collective Impact. Starting with a short video from www.communitiesthatcare.net and having a conversation around three questions. First, why is it important that I am here today? Second, what are key themes are emerging in our conversation? Third, how do we integrate these themes into our shared agenda for change?
 - For those who made it to last months meeting you may have gained some insights from the relational mapping exercise we did. The February minutes were emailed last week.
 - 3) Activity: Bringing The Heart Into Collective Impact is a tool to help collaborative groups better understand member motivation, to build a shared understanding of the issues we are trying to address and to access resources to information to this conversation.
 - Reviewed CTC timeline and priorities
 - Collective Impact video: <https://www.youtube.com/watch?v=jt-MTH9oIno>
 - **Answers to; Why is it important that I am here today?**
 - Sandra, I oversee the physical mental and nutritional needs of students in Sd27 as the Mental Wellness Coordinator. I work to towards building teacher capacity to increase wellness in the classroom. I have been coming a long time, started as the school counsellor, I love data, and also to find out what is happening in with community partners and be able to share this information with parents and teachers and the school district.
 - Deana, I what to meet others on the community, learn about what is happening in the community and to share information on Boys & Girls Club programing.
 - Brock, I am the new Recreational Coordinator for adult programing at the Cariboo Memorial Recreation Complex. I am new to the community and have lots
- 2016 Community Profile: <http://www.sd27.bc.ca/healthy-schools-healthy-students-/communties-that-care/>

Check out socialplanninginfo@gmail.com for more information on CTC





to learn about CTC. I have coached and worked with youth and want to be part of finding solutions to support youth who are having difficulties.

- Suzanne, Recreational Coordinator youth children and Cariboo Memorial Complex. Networking to identify gaps in the community and opportunities to collaborate and bring to bring people and resources together. Our community has great youth, great families and business. We need to empower them all for the benefit of the community.
- Jessica, passion for community collaboration and prevention. Attends CTC to stay up to date. Has been involved with CTC from the start in 2009.
- Dana Community Based Victims Services. Delivers a Healthy Relationship program to Sd27 and want to share what I have learned from the students, to learn from everyone here and to collaborate.
- Linda, the Wellness Team Coordinator at Denisiqi. Denisiqi provides youth outreach in schools and communities, parenting programs, has an Elders Advisory Committee. CTC is useful community response for increasing protective factors for youth. It's a guiding force, helping direct services to collaborate in a more powerful way.
- **Ask the group what are the key themes that that heard?**
 - Networking, the power of collaboration, supporting direct services, working together to strengthen protective factors for children and youth in our community.
 - Keeps directors and managers of community services and frontline worker up to date with what is happening in the community.
- **Discussion around: How these themes integrate into our shared agenda for change/Or our Strategic Priorities?**
 - Community: Laws and norms that favour drug use. Rewards for positive behaviour.
 - School: Low commitment to school
 - Family: Parental attitudes favorable towards antisocial behaviour and drugs.
 - Individual/Peer: Early initiation of antisocial behaviour and drug use,

4) Roundtable

- Linda, Denisiqi: There practicum students have organized 4 days of activities for families over spring break. Activities include; la-hell, take n' bake, making medicine bags and bath bombs, bowling and pizza. Expanding reach to include youth and their families.
- Dana, the Healthy Relationships program has been taught to 294 youth in grades 7-10. Hoping to get grant to continue. Men's program, Become the Change is preparing for

2016 Community Profile: <http://www.sd27.bc.ca/healthy-schools-healthy-students-/communities-that-care/>

Check out socialplanninginfo@gmail.com for more information on CTC





the 3rd session. Non mandated. Two sessions are planning in April to accommodate shift workers, day/evening.

- Jessica, CDC: Programs starting are, My Tween and Me, parents and children attend in weekly group. Food Skills for Families, attend and parents learn to cook and shop on a budget then come together eat. Children welcome.
- Suzanne, Rec Complex: Gearing up for spring, bringing in a science and robotics camp, babysitter and stay safe courses. Lots of transitions happening. Spring summer leisure guide will be sent out next week. Attended the planning meeting for youth week(May 1-8th) and extends invitation to agencies to contribute to youth week and come to the meeting next week.
- Brock, Rec Complex: Upcoming events include the Nutrition Walk and Run and Bike Rodeo. Thinking about utilizing all the facilities there are in the community for planning future actives.
- Deana, B&G Club: Practicum students are tackling the garden. New beds, soil, veggies will added during youth week. Mountain biking is gearing up in May, we have a new trailer and skills training session they are taking registration for \$256/person. Expansion 63 spaces for after school care planned and will expand to cover 100 Mile, Quesnel, and Clinton. Applied for 8 summer students. Anime is 2 days a weeks. Comic store/club is starting in June. Girls Who Code also planned. We have a new website that will include a community services map.
- Sandra, Sd27: Beyond the Hurt and Healthy Relationships workshops for grades 9-12. Kids come away with certification they can add to their resume. They have revamped program for out west, and use Nunavut's programing that has the youth decide what topics are most impacting them.

5) Request for volunteer to Chair April 14th, 2020 meeting

6) Room Available from 3-3:30 pm for Networking opportunities (optional)

2016 Community Profile: <http://www.sd27.bc.ca/healthy-schools-healthy-students-/communties-that-care/>

Check out socialplanninginfo@gmail.com for more information on CTC

