

EMERGENCY FOOD PROGRAMS

IN WILLIAMS LAKE



Organization	Food Program	Day of the Week	Frequency
Women's Contact Society	Hampers	Monday	Monthly
Pregnancy Outreach Program	Food Shelf	Friday	Weekly
Society of St. Vincent de Paul	Hampers	Monday	Weekly
	Meals In the Park	Sunday	Weekly
Salvation Army	Free Breakfast	M-F	Daily
	Free Lunch	M-F	Daily
	Food Shelf	M-F	Daily
Seniors' Activity Centre	Low-Cost Lunch for Seniors	M-F	Daily
BGC Williams Lake	Meals	M-F	Weekly
	Food Shelf	M-F	Daily
	Backpack Program	M-F	Weekly
WL Anglican Church	Meal	Friday	Monthly
Cariboo Community Church			Monthly
Calvary Church	Meal	(Contact For Dates)	Monthly
Meals on Wheels	Low-Cost Meal Deliveries	Up To 3 Days/Week	Weekly
Rotary Club	Backpack Program	Weekends During School Year	Weekly

Contact Information

Organization	Phone	Email / Address
Women's Contact Society	250.392.4118	info@womenscontact.org
Pregnancy Outreach Program	250.392.3583	popwl@cfswl.ca
Society of St Vincent de Paul		450 Pigeon Ave. Williams Lake, BC
Salvation Army	250.392.2423	williamslake.info@salvationarmy.ca
Seniors' Activity Centre		wlsac@shaw.ca
BGC Williams Lake	250.392.5730	operations@bgcwilliamslake.com
WL Anglican Church	250.392.4246	st.peterswl@gmail.com
Calvary Church	250.392.5324	calvarychurch@shaw.ca
Meals on Wheels	250.398.8846	mealsonwheels.wl@gmail.com
Rotary Club Starfish Pack Program	(through the Cariboo Friendship Society) 250.398.6831	admin@cfswl.ca