



# Social Planning Council

Williams Lake and Area

*Many Voices - One Table - Shared Goals*



**REMINDER: Next community meeting is on January 23, 2023**

**January 23 Guest Speaker(s): Kelly MacDonald,**  
Community Health Facilitator with Healthy Communities

Bring your updates for the famous \*lightning round.  
\*The lightning round is changing but you'll have two minutes to share

**Location:** [Zoom](#)

- [Community Updates](#)
- [Resources & Training](#)
- [Funding Opportunities](#)

January

**23**

**Next  
COMMUNITY  
MEETING**

**January 23, 2022**

Click your calendar app below to add October's meeting to your schedule

- [Employment & Volunteer Opportunities](#)
- [2023 Community Meetings](#)
- [Join Today, Become a Social Planning Council Member!](#)



Powered by [AddEvent](#)

## Community Updates



### Changes to the Lightning Round

Moving forward SPC wants more opportunities to share organizational challenges, successes, and burning questions.

The goal is to share this information for discussion,

brainstorm solutions, recognize successes, and answer burning questions.

The Lightning Round will continue with the 2-minute time frame. We recognize, of course, we can't do this all in 2 minutes. However, it opens the door to increased awareness and short responses can be given during the meeting, in the chat, or by connecting in person after the meeting.

Sharing organizational updates and/or events is always welcome and accepted. We look forward to trying this new Lightning Round idea in January.

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**Ages 13-18 years**

\* No cost to participate!

## Learn to Manage Stress Mind Medicine Groups

Everyone experiences worries and stress. Mind Medicine Groups are here to help young people develop coping strategies and build social connections.

**First session: Thursday, January 26, 2023**

**Time: 3:30 PM**

**Location: The Eagle's Nest (228 S. Third Ave.)**

**To register or for more information:**

**TEXT or CALL Jen at 250-267-2377**

This free program is run by caring, trained staff,  
in a safe supportive environment.





# URBAN WINTER FAMILY FUN DAY



January 17, 2023

4:00pm - 7:00pm

at the longhouse

Join us for kids activities,  
fun and food!  
Everyone welcome!

[www.denisiqi.org](http://www.denisiqi.org)





# 2023 Family Fest



**Saturday, January 28, 2023**

**Gibraltar Room (525 Proctor St)**

**10:00am until 1:00pm**

Join us for fun activities, goodies and giveaways *and* learn about all the free services, programs and events available to families.

Contact 250-392-4118 or [ccrr@womenscontact.org](mailto:ccrr@womenscontact.org) for more info



**ccrr**  
Child Care Resource & Referral



Funding for the CCRR is provided by the Province of British Columbia





**Family Fest** Registration Form  
Saturday, Jan 28, 2023, 10:00am – 1:00pm  
Gibraltar Room, 525 Proctor St.  
*Setup starts at 9:00am | Cleanup 1:00 – 2:00pm*



Please email completed forms to [ccrr@womenscontact.org](mailto:ccrr@womenscontact.org) or contact us at 250-392-4118

**Name of Organization:** \_\_\_\_\_

**Contact Person:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Description of Booth/Activity:**

The Gibraltar Room has a limited number of outlets available. However, we will endeavor to accommodate vendors to the best of our ability.

**Do you need electricity:**  Yes  No

**Do you need tables:**  Yes  No If yes, how many? \_\_\_\_\_

**Other comments or requests:**



DIRECTOR  
SUZANNE  
CROCKER  
THERE FOR  
Q&A!

WATCH THE FILM  
& TALK FOOD SECURITY  
SOLUTIONS

FREE  
ADMISSION

FEB 6 @ 6:00PM  
GIBRALTAR ROOM

WILLIAMS LAKE SCREENING

**FIRST WE EAT**

foodhub@wlspc.ca

Hosted by the Central Cariboo Community Food Hub Project, with funding and resources gratefully provided by United Way BC and the Social Planning Council of Williams Lake & Area

 United Way  
British Columbia

Working with communities in BC's Interior, Lower Mainland, Central & Northern Vancouver Island

 Social Planning Council  
Williams Lake & Area

View our Facebook event page [HERE](#)

CLICK to REGISTER

Resources & Training





## WELCOME TO THE SUBSTANCE USE EDUCATION BULLETIN

The aim of the Substance Use Team is to ensure all people who use substances in Interior Health receivesafe, effective, and compassionate person-centred care and treatment, when, and where they need it.

**PLEASE NOTE: Approval for time off to attend education opportunities is not done through our Knowledge Coordinators. Please communicate directly with your manager.**



**Opioid Agonist Treatment and Pharmacy**  
Thursday, January 26, 12:00-1:00 p.m. PST  
[SIGN UP HERE](#)

**BCCSU ECHO Recordings**  
[BCCSU YouTube Channel](#)



For the upcoming **Youth Thrive Alive! Forum: Activate Tools for 2023 and Beyond**, Thrive will be showcasing new resources and encouraging you to bring them "alive" in your work with young people.

Jan 12<sup>th</sup> 10:00-11:00 am PST [Register Here](#)

### Harm Reduction through an Indigenous Lens

Filmmaker Asia Youngman has created a three-part video series about Indigenous harm reduction for FNHA and VCH.

- [Indigenous Harm Reduction](#) (7 min)
- [Connecting to Others as Part of Harm Reduction](#) (5 min)
- [Harm Reduction Practices in Communities](#) (6 min)

The teaching guide can be found here [FNHA-VCH-Teaching-Guide-for-Connecting-to-Culture.pdf](#)

### Youth Substance Use: Strategies for Approaching Mental Health, Trauma and Substance Misuse

Feb. 9 (Thu) | 6:30–8 p.m. PST | Webinar

**Overview:** Enhance your understanding of the connections between mental health, trauma and substance misuse. Learn about the approaches to working with youth experiencing concurrent disorders. [LEARN MORE & REGISTER](#)

## What's happening in Substance Use?

**1142**

Nurse Prescriber prescriptions written  
- 461 virtual assessment prescriptions  
- 589 referrals to community services  
- Safer injection/inhalation education provided 81 times

**190**

ED Suboxone starts  
- 28 ED Suboxone sites launched  
- 70% of starts supported by Virtual Nurse Prescribers following discharge

**501**

VAM Clients, through  
- 322 COVID referrals  
- 133 ED referrals  
- 40 MHSU referrals

**Community Based Services**  
- Youth Intensive Case Management  
- Youth Substance Use Counselling & Treatment  
- Youth Substance Use Day Treatment  
- Outpatient Withdrawal Management Services  
- Virtual Addiction Medicine Clinic



**Facility Based Services**  
- 20 Youth Treatment Beds  
- 5 Youth Withdrawal Management Beds  
- 5 Young Adult Treatment Beds  
- 20 Adult Treatment Beds  
- 19 Adult Withdrawal Management Beds  
- 21 Adult Stabilization Beds

**160+**

Peer Advisory Group Members

- 171 Peers participated in 100 health care initiatives  
- 34 Peer education & training events through monthly CoP  
- Peer Integration CoP for Team Leaders launched July 2022

- 37 honorarium paid Peer Volunteers support 27 substance use services & committees in 7 communities  
- 6 employed Peer Support Worker positions

Email us [IHSubstanceUseServices@interiorhealth.ca](mailto:IHSubstanceUseServices@interiorhealth.ca)

[Click to Meet your Substance Use Services Team](#)



Interior Health

MENTAL HEALTH & SUBSTANCE USE NETWORK



### Substance Use Services

[Robyn.Morrow@interiorhealth.ca](mailto:Robyn.Morrow@interiorhealth.ca), Regional Knowledge Coordinator  
[Sheri.Keetch@interiorhealth.ca](mailto:Sheri.Keetch@interiorhealth.ca), Coordinator  
03Oct22



BC ASSOCIATION OF

## Community Response Networks

*Stopping Adult Abuse and Neglect ... Together.*

You are invited to attend BC CRN's Provincial Learning Event:

### Essential Legal Planning Documents for BC

[Register Now](#)

January 17, 2023 | 10:30am - 12pm PST

For the first Provincial Learning Event of the year, BC CRN welcomes presenter Joanne Taylor, Executive Director of Nidus Personal Planning Resource Centre and Registry, who will be discussing an overview of legal planning documents available under BC legislation - which includes Representation Agreements, Enduring Powers of Attorney, and Wills - and an introduction to the Nidus Registry service. There will also be an opportunity for participants to have their questions answered.

Joanne has led the education in BC on planning for the future (advance care planning) for over 30 years both as a volunteer and, since 2000, as Executive Director of the Nidus Personal Planning Resource Centre. Nidus is a non-profit, charitable organization. Joanne has helped thousands of people learn about, make, and register a Representation Agreement, a made-in-BC planning document.



## **Save the Date: BC CRN's February Provincial Learning Event**

February 21, 2023 @ 10:30am - 12pm PST

In this presentation, participants can expect to receive an overview of the Adult Guardianship Act from the context of Vancouver Coastal Health's Re:Act Adult Protection Program.

Presented by Amanda Brown, Director of Vancouver Coastal Health's Re:Act Adult Protection Program and Elisse Tan, secretary of the BC CRN Board of Directors and a registered social worker, working with the Re:Act Adult Protection Program.

[Registration is now open for this event.](#)



Elisse Tan



Amanda Brown

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# WorkBC Centre

## **Skills Training Info Session (2023- JAN-16 @2:00pm)**

Join Zoom Meeting

<https://hortonventures.zoom.us/j/87644348015?pwd=YTdtVTFiZ1V1N2NVRFNkb0xpenpydz09>

Meeting ID: 876 4434 8015

Passcode: 164995

One tap mobile

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+1 647 558 0588 Canada  
+1 778 907 2071 Canada  
+1 780 666 0144 Canada

Meeting ID: 876 4434 8015

Passcode: 164995

Find your local number: <https://hortonventures.zoom.us/j/kqoNCDVQ6>

### **General Services Info Session (2023-JAN-31 @ 10:00 am)**

Join Zoom Meeting

<https://hortonventures.zoom.us/j/88698539880?pwd=a01NdXBQcStqbGFaUVdlZGQyT083UT09>

Meeting ID: 886 9853 9880

Passcode: 699396

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+1 778 907 2071 Canada  
+1 780 666 0144 Canada  
+1 204 272 7920 Canada

Meeting ID: 886 9853 9880

Passcode: 699396

Find your local number: <https://hortonventures.zoom.us/j/kcGC2Jioj>

### **Self Employment Info Session (2023-FEB-08 @ 11:00 am)**

WorkBC Williams Lake is inviting you to a scheduled Zoom meeting.

Join Zoom Meeting

<https://hortonventures.zoom.us/j/87600294917?pwd=dUZyU1ViSG15bXA0M0xtNytYVFdvdz09>

Meeting ID: 876 0029 4917

Passcode: 586770

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+1 438 809 7799 Canada  
+1 587 328 1099 Canada  
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Meeting ID: 876 0029 4917

Passcode: 586770

Find your local number: <https://hortonventures.zoom.us/j/kqN351XFs>

### **Skills Training Info Session (2023 FEB-28 @ 10:30 am)**



Join Zoom Meeting

[https://hortonventures.zoom.us/j/81351524928?  
pwd=bjVQWFZlMmWdBRXZCRGIEWUjQ0dGUT09](https://hortonventures.zoom.us/j/81351524928?pwd=bjVQWFZlMmWdBRXZCRGIEWUjQ0dGUT09)

Meeting ID: 813 5152 4928

Passcode: 562383

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Meeting ID: 813 5152 4928

Passcode: 562383

Find your local number: <https://hortonventures.zoom.us/u/kB4J49ndG>

### **General Services Info Session (2023-MAR-09 @ 2:00 pm)**

Join Zoom Meeting

[https://hortonventures.zoom.us/j/86719514751?  
pwd=dUxMeVRyVmhlRG1wVm1ZVWV2cjd3Zz09](https://hortonventures.zoom.us/j/86719514751?pwd=dUxMeVRyVmhlRG1wVm1ZVWV2cjd3Zz09)

Meeting ID: 867 1951 4751

Passcode: 255902

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+1 647 374 4685 Canada

+1 647 558 0588 Canada

Meeting ID: 867 1951 4751

Passcode: 255902

Find your local number: <https://hortonventures.zoom.us/u/krQnOloAv>



# **NEWSLETTER**

# Funding Opportunities



## Exciting Grant Opportunities in 2023

As you begin planning for the new year, we are excited to announce [BIPOC Grants](#), and [Participatory Action Research \(PAR\)](#) grants launching in January! Please visit our [Grant Updates page](#) to stay informed as we will continue to release more information for new grant opportunities and updates to existing programs.

### Participatory Action Research Grants

[Participatory Action Research Grants \(PAR\)](#) support research that is co-led by community members and researchers to learn more about the root causes of pressing issues impacting the health of communities. There are two different grant types available, Convene (one-year) or Investigate (multi-year), depending on the stage of your project in the participatory action research process. **Full applications for Convene grants & stage 1 of Investigate grants open on January 16, 2023.** Visit the [PAR webpage](#) to see more key dates.

We'd like to encourage you to download our [PAR Guidelines](#) and [Decision-Making Framework](#) to learn about PAR and decide which grant meets the needs of your research project.

### LEVEL BIPOC Grants

The [LEVEL BIPOC Grants](#) are flexible, general operating grants of \$50,000 for BIPOC-led organizations in BC to support work in racial equity and racial justice. Addressing racial inequities and injustices is important systems change work, and racialized communities are at the forefront of solutions by and for their communities. These grants are intended to be used at the discretion of these organizations based on their need and priorities to ultimately support the aspirations and hopes of BIPOC leaders in their work to advance racial justice. [Learn more about why Vancouver Foundation offers LEVEL BIPOC Grants.](#)

**Stage 1 for LEVEL BIPOC Grants opens on January 23, 2023.** Visit the [LEVEL BIPOC Grant page](#) to see more key dates. Have questions about this granting opportunity? Download the [2023 BIPOC Grant frequently asked questions](#) resource to find your answers.



PRINCE GEORGE  
COMMUNITY  
FOUNDATION  
all for our community.

## Community Services Recovery Fund



### Community Services Recovery Fund now open!

We are pleased to announce that the Community Services Recovery Fund is open today, January 6, 2023, for applications.

The Community Services Recovery Fund is a \$400 million investment from the Government of Canada to support charities and non-profits as they focus on how to adapt their organizations for pandemic recovery. The **Prince George Community Foundation** is working with community foundations across Canada in

collaboration with the Canadian Red Cross, and United Ways to distribute funding. This fund supports Community Service Organizations including non-profit organizations, Indigenous Governing Bodies and Registered Charities located in Canada.

The Foundation is pleased to support applicants from the following communities:

Prince George	Quesnel	Wells	Williams Lake
100 Mile House	Mackenzie	McBride	Valemount
Vanderhoof	Fraser Lake	Fort St James	Burns Lake
Houston	Smithers	Hazeltons	Kitimat
Terrace	Stewart		

We encourage you to read the eligibility criteria and learn about the program on the [Community Services Recovery Fund website](#). The deadline for applications is February 21, 2023.

Interested applicants are encouraged to attend the [How to Apply](#) on January 12, 2023, to help understand the application process.

If you have questions about your application or require assistance, please schedule a brief consultation with myself by emailing [mindy.stroet@pgcf.ca](mailto:mindy.stroet@pgcf.ca) or calling our office at 250-562-7772.

Sincerely,  
Mindy Stroet, Director of Development  
Prince George Community Foundation

## A Great Opportunity to Learn Together

Join the [Social Planning Council](#) today, January 12, 2023, from 11:00 am - 12:00 pm, in the [Community Futures](#) Board Room for the Community Services Recovery Fund "How to Apply" Webinar.

## Employment & Volunteer Opportunities



## Central Cariboo Community Food Hub Project Coordinator

### Job Description and Posting

#### Project Overview

The Central Cariboo Community Food Hub is a connected and coordinated network of partners working collaboratively to strengthen regional food security. Funded by United Way BC and launched in August 2021, this new project is bringing together a range of community partners and stakeholders to develop a regional food hub focused on integrating and coordinating food security and food system activities to maximize the utilization and access of food, and support a local food system that is prosperous and sustainable. The focus in Year 1 was on project



assessment, relationship building, and partner capacity building. Year 2 activities are focused on establishing a shared governance model and Advisory Team, operations and Working Groups, and sustainability planning.

### **Project Goals:**

1. Create and support a stronger regional food system
2. Increase access to affordable, nutritious, appropriate foods for vulnerable populations
3. Bring awareness to and work on systemic drivers of food insecurity

### **Role of the Project Coordinator**

The role of the Project Coordinator is to work alongside the Project Lead in completing Year 2 goals and objectives, in collaboration with partner organizations and stakeholders. Core activities are as follows:

- Support and execute Project Strategy and Working Groups in partnership with Advisory Team and Project Lead
- Data collection and quarterly/annual reporting to the funder(s) and the Social Planning Council
- Monitoring and evaluation activities and sustainability planning for Food Hub coordination and growth
- Leverage existing resources and identify new funding sources for the sustainability of Food Hub operations and partner food access activities
- Identify gaps and improve coordination of emergency food access for vulnerable community members
- Develop relationships and finalize partnership agreements with core partners, and governance agreements with key stakeholders
- Coordinate Annual Gathering of partners, stakeholders, and Indigenous community members
- Assist with project initiatives such as farmers' market donations, local gleaning events, seed library development, and food system education and training opportunities
- Develop weekly and monthly communications formats for the network of partners, stakeholders, and supporters

### **Desired Qualifications and Experience:**

- Excellent verbal communications skills, including experience with relationship building and making presentations
- Excellent organizational and time management skills
- Experience in planning and facilitating small and large groups
- Demonstrated abilities in partnering and working with community organizations and businesses
- Excellent written communication skills, including writing media releases, reports, and proposals
- Ability to work remotely from a home office located in Williams Lake or the surrounding area
- Self-starter with a strong ability to work independently
- Post-secondary degree or diploma in health, social science, food systems, or communications field, and/or a comparable combination of education and experience
- Demonstrated experience with community engagement, collaborative practice, and relationship building, including working with those who have diverse perspectives
- Demonstrated ability to actively listen in order to provide effective support
- Understanding diversity, cultural safety, and the importance of the principles and practice of reconciliation in community development

- Valid BC Drivers' License, access to a vehicle and ability to do some local travel when needed

### **Terms of Position**

This is a limited-term, contracted position until March 31, 2023, at approximately 15-20 hrs./week with the opportunity for continuation based on funding availability. As a contracted position, this position has considerable flexibility but will be required to be responsive to partners' and organizational needs. Remuneration is \$35/hr. plus GST where applicable. Social Planning Council has a strong commitment to securing ongoing funding for this project into the future.

Questions about this position, or applications with a cover letter (maximum 1 page), resume (maximum 2 pages) and references can be submitted to [info@wlspsc.ca](mailto:info@wlspsc.ca)

**DEADLINE: 5 pm Friday, January 13th, 2023**



Canadian Mental Health Association  
Cariboo Chilcotin Branch Association canadienne pour la santé mentale

### **EMPLOYMENT OPPORTUNITY – PLEASE CIRCULATE AND POST Assistant Crisis Line Supervisor/Trainer/Responder Position**

#### **Summary of Job Description:**

The Assistant Crisis Line Supervisor/Trainer is responsible to assist in the supervision, recruiting, training, and supporting the crisis line responders, being active responders when required and carrying out daily responsibilities associated with the crisis line.

**Position Starts:** Immediately (negotiable)

**Hours of Work:** 20 to 25 hours/week– evenings/weekends

**Starting Wage:** \$23.00/hour (plus benefits)

#### **Job Qualifications:**

- Require immunization(s) against Covid 19 as per policy
- Recent crisis line training or upgrading
- Minimum 1 year (200 hours) experience as a Crisis Line Responder
- Ability to supervise responders and facilitate training
- Excellent oral, written and interpersonal communication skills
- Ability to work both independently and with a team
- Knowledge of relevant community resources
- Intermediate computer skills
- Ability to access wi-fi and a quiet workspace if required
- Excellent organizational and record-keeping skills
- Must agree to undergo a Criminal Records Check

Canadian Mental Health Association is committed to the fundamental principles of equal employment

opportunity. We are committed to treating people fairly, with respect and dignity, and to offer equal employment opportunities based upon an individual's qualifications and performance – free

from discrimination or harassment because of race, colour, ancestry, place of origin, political belief, religion, sex, sexual orientation, age, marital status, family status, physical or mental disability, or a criminal or summary conviction offence unrelated to a person's employment or intended employment.

Applicants who have the required qualifications will be given first priority. Only those applicants shortlisted will be contacted.

**Closing Date:** Monday, January 23, 2023

**Please email your resume with a cover letter to:**

**Heather Silvester**

**Email:** [heather.silvester@cmha.bc.ca](mailto:heather.silvester@cmha.bc.ca) Cell: 250-305-5313

(Resumes submitted through Facebook will not be considered)

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Canadian Mental Health Association

Cariboo Chilcotin Branch Association canadienne pour la santé mentale

## **EMPLOYMENT OPPORTUNITY – PLEASE CIRCULATE AND POST Supportive Mental Health Training Coordinator**

### **Summary of Job Description:**

The Supportive Mental Health Training Coordinator is responsible for the development and facilitation of specific workshops, training, and events and as a community liaison for CMHA-CCB. The Coordinator will focus on decreasing the stigma associated with mental health and increasing knowledge and support directly and indirectly to those living, experiencing, or working with mental health.

**Position starts:** February 1, 2023

**Hours of work:** 35 hours per week

**Starting Wage:** \$25.00 - \$29.00 per hour plus benefits (relative to education and experience)

### **Job Qualifications:**

- Must provide proof of immunization(s) against Covid-19 and consent to a criminal record check
- Degree or Diploma – Social Work, Psychology or Counselling, with 1-year recent related experience
- Proven ability in developing mental health training curricula, educational materials, and training tools
- Facilitation experience with group/individual training sessions via workshops, webinars, and public events
- Professional demeanour and appearance, both personable and approachable
- Excellent oral, written, and interpersonal communication skills
- Ability to work both independently and with a team
- Knowledge of relevant community resources
- Strong computer skills
- Excellent planning, organizational and record-keeping skills
- Knowledge of working in a non-profit environment and maintaining a budget
- Flexible work schedule possibly some evenings or weekends required
- Ability to travel for facilitation in local communities



- Ability to travel for training the trainer opportunities
- This position is required to act independently with little direct supervision.

**A job description is available upon request.**

**Applicants with the required qualifications will be given priority. Only those applicants short-listed will be contacted.**

**Closing Date: January 18<sup>th</sup> 2023**

**Please email your resume with a cover letter to:**

**Heather Silvester**

**Email: [heather.silvester@cmha.bc.ca](mailto:heather.silvester@cmha.bc.ca) Cell: 250-305-5313**

**(Resumes submitted through Facebook will not be considered)**

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## 2023 Community Meetings

**January 23**

**July 24**

**February 27**

**August - summer break, no meeting**

**March 27**

**September 25**

**April 24**

**October 23**

**May 29**

**November 27 - AGM & Community Meeting**

**June 26**

**December - winter break, no meeting**

Meeting minutes can be found [HERE](#)

**Join Today, Become a Social Planning Council Member!**

Social Planning Council is a member-supported organization. Your membership fees are critical to supporting our work connecting, collaborating, and bringing our community together for a better quality of life for all.

For more info contact [info@wlspc.ca](mailto:info@wlspc.ca)  
or find a membership form [HERE](#)



The Social Planning Council of Williams Lake and Area  
thanks to the City of Williams Lake for their funding support.

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266 Oliver Street, Williams Lake, BC V2G 1M1

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