

Reminder: No SPC Meeting in August **Next Meeting:** September 25, 2023, 11:30-1:00

Updates

We are making changes to the newsletter content and style. We appreciate your patience through this process and look forward to sharing new and exciting information.

If there is something you want to see, please share your thoughts and ideas! We'd love to hear from you.

Email: info@wlspc.ca



Community Events



- What is an extreme heat event?
- · How can I stay cool?
- Are fans a good way to stay cool?

Join us to have these questions answered and to build a cooling kit at no cost to you.

Everyone welcome!



STAY COOL



Aug 3 2023 3:30 PM at: Seniors Activity Center, 176 N. 4th Ave RSVP Please to Eva Navrot; 778-412-1855 or 250-303-1249

Sponsored by BC Community Response Network...stopping elder abuse and neglect together In partnership with; Cariboo Chilcotin Partners for Literacy; Seniors Advocate, Women's Contact



21st Annual reet Party

- Cotton Candy
- Dunk Tank
- Games
- Bouncy Castle
- Bouncy Castle
 Local Vendors
- y Castle Water Fight
 - And More!

Silent AuctionFirst Responder

Wednesday, August 30 5pm to 8pm Water fight @ 7pm

ACTIVITIES BY DONATION

Donation ideas: Non-perishable food items or necessity nook items.





July 9, July 23, July 30, August 20 2:00pm - 3:30pm



When: August 11 2023 9am - 2pm Where: Williams Lake Farmers' Market 525 Proctor St.



Painting by Simon Thompson, 2022 Battle of the Brushes Winner.

Live art demonstration by local favourite, Dwayne Davis!

Paint a piece of our community art installation.

Williams Lake



Farmers' Market

Chalk the park!

Enjoy live music throughout the downtown!



New Segment Coming Soon!

Look Who's Hiring



JOB POSTING Cariboo-Chilcotin Regional Educator 20 hours per week

The British Columbia Schizophrenia Society (BCSS) has a vision where those affected by schizophrenia and other serious mental illness receive effective treatment and support, and family members are essential partners within the mental health system. Our mission is to support families affected by schizophrenia and other serious mental illness in British Columbia through education, advocacy and research. BCSS was founded in 1982 and is a non-profit organization with its provincial office located in Vancouver, BC.

Summary

Works with a multi-person team within the Interior Health region and reports to the BCSS Interior Regional Manager. Provides information and resources for family members with a loved one dealing with serious mental illness. Acts as a liaison between families and the mental health system. Organizes workshops and education programs for families and the public, including Aboriginal communities.

Qualifications

- Post-secondary education in a relevant discipline or degree equivalent
- · Experience with delivering programs, teaching/facilitating, working with families
- · Experience in outreach work
- Knowledge and experience in writing reports and trauma-informed practice
- Knowledge of BC mental health system and the importance of building positive working relationships within systems
- Ability to work within a team and show leadership amongst your peers
- Ability to work in a community/outreach capacity in the Cariboo area, including First Nations bands, Metis organizations, and Friendship centers
- Demonstration of cultural and spiritual sensitivity
- Knowledge of the importance of antipsychotic medications
- · Knowledge of the importance of family members being part of the care team
- · Competent in computer programs; internet, monthly reporting, Microsoft Teams

Requirements:

- · Valid BC Driver's license and reliable vehicle
- A current criminal record check

To Apply

Attention: Bonnie Spence-Vinge intmanager@bcss.org
Please send a cover letter and resume in a PDF
Open until position is filled
*We will contact those selected for an interview

BCSchizophreniaSociety

BCSchizophrenia

BCSchizophrenia

1100 - 1200 West 73rd Avenue, Vancouver, BC V6P 6G5 | 604-270-7841 | 1-888-888-0029

| 604-270-7841 | 1-888-888-0029 info@bcss.org | www.bcss.org

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HERE'S WHAT YOU MISSED

July Community Meeting Minutes

Community Members Meeting Agenda - Draft

Date: July 24, 2023 **Time:** 11:30 am – 1:00 pm **Location: Zoom**

Chair: Shannon Thom Minutes: Liane Nunn

Present: Shannon Thom (Chair), Bree Odd, Liane Nunn, Laurie Walters, Sherry Yolkman, Silvia Seibert-Dubray, Marnie Brenner, Heather Silvester, Wylie Bystedt, Brianna van de Wijngaard, Stacey Miranda, Anne Burrill (guest speaker)

Regrets: Larry Stranberg, Rosanna McGregor, Pat Biblow, Amy Carson, Tammy Deusy, Katie Matuschewski, Jenna Seymour

Land Acknowledgement

The Social Planning Council of Williams Lake and Area would like to acknowledge this meeting is taking place on the traditional unceded territory of the Secwepemc Nation and the T'exelc people.

Review & Approve Agenda for July 24, 2023

Motion Sherry Yonkman Seconded by Silvia Seibert-Dubrey

Carried

Review & Approve Minutes for June 26, 2023

Motion Silvia Seibert-Dubray Seconded by Wylie Bystedt

Carried

Member Introductions: Share your name and the organization you represent.

Liane Nunn Introduction: Laurie Walters

Guest Speaker(s): Anne Burrill (Urban Matters), Extreme Heat Mapping

- Why it is important to understand Extreme Heat
 - Experiencing more frequent and severe heat waves
 - Seeing 2.5 times more warm summer days
- Resource: Climate Atlas of Canada, <u>Very Hot Days (+30°C) | Canada | Climate</u>
 Atlas of Canada
- Health Impacts
 - Heat is now the leading cause of weather-related deaths in Canada
 - Has direct and indirect health impacts
- Extreme Heat Response Plan
 - Provides guidance and protocol for responding to an extreme heat event
 - Focus on minimizing the negative impacts of high temperatures
 - Local government can activate an EOC
- City of WL Strategies
 - Extreme Heat Response Committee
 - Planning and Communications
 - Activation of EOC and ESS response when required
 - · Long term mitigation strategies
- Triggers and Criteria, WL (Northeast Region)
 - Heat Warning, Level One
 - Two days or more of 29 degrees
 - Nighttime does not fall below 14 degrees

- Extreme Heat, Level Two
 - Forecast indicates daily temps will increase consecutively for 3 days or more
- · Long Term Strategies
 - · Increase tree canopy and shade in urban areas
 - Heat protection for residential
 - Improve organizational heat preparedness for community partners

Questions

- Shannon Thom the provincial government is to distribute 8000 air conditioning units; do you know how they are planning to make the decision as to who receives them?
 - Anne It will be managed through BC Hydro; they will do something like the BC Hydro Rebate process
- Laurie thinking ahead as community stakeholders is there someone spearheading this and leading the charge on the committee?
 - Anne Beth has been spearheading, but once the plan is approved it will transfer to Evan Dean
- Laurie any information or communications to pass onto our members, and where to find it?
 - Anne From Beth or Evan. They are leading this and have produced some communication materials
 - Heat Alert Response Protocol | Williams Lake, BC Official Website

Lightning Round - Share an Organizational Update, a Challenge, or a Success Stacey Miranda, City of Williams Lake

- Creating more family entertainment at Kiwanis Park: July 30th and August 20th hosting a slip and slide party along with the spray park
- Youth Night Out August 5th Maze Runner Theme
- Rec Cross Babysitter Course August 12th and 13th

Silvia Seibert-Dubray, City of Williams Lake:

- Hosting a 'Build a Cooling Kit' workshop for seniors at the senior's center –
 August 3rd
- · There is a new staff sergeant, creating a full senior staff of RCMP

Sherry Yonkman, Downtown Business Improvement Association (BIA):

- Art Walk Grand opening August 11th at the Farmer's Market
- · Working on building a Community Clean Team

Marnie Brenner – Interior Health (IH):

- DIY Cool Kits for extreme heat
 - BC Community Response Network is hosting the event next week
 - Building kits and sharing information

- Building a Cooling Kit Seniors Centre, respond to Eva Navrot 778-412-1853. Date: August 3rd at 3:30
- Focus on extreme heat planning

Madi Rushton - Canadian Mental Health Associations:

- No big updates, continuing to support the community
- Now certified to provide safe talk and suicide prevent presentations

Heather Silvester, Canadian Mental Health Associations Cariboo Chilcotin Branch:

- Lots of positions are available: https://cariboo.cmha.bc.ca/careers/
- · Rolling out psychological Health and Safety in the workplace
 - Currently it is optional to be a part of this, but recommends organizations to review the information and read about the benefits of putting a committee together

Laurie Walters, Social Planning Council (SPC):

- SPC has received funding to do a Poverty Anti-Stigma video
 - This will launch the Thrive Re-ignite project and provide education and awareness for poverty reduction
- · Reminder there is no August community meeting
- · Newsletter is going out on Thursday, please send any information to Liane

Hannah Diether, Central Interior Rural Division of Family Practice:

- Maternity clinic opened at the CMHA in mid-July. Offers primary care, patients can self-refer
- Will send Liane a poster for the newsletter

Brianna van de Wijngaard, The Central Cariboo Community Food Hub:

 Collected just under \$900 worth of local food diverted from the farmer's markets and distributed to partner organizations

Bree Odd

- BCSS is still looking for an educator, please get ahold of the interior manager for more information
- Finishing up SPC work in the rest of July
- Providing a workshop to TRU students in September

Shannon Thom, Horton Ventures (d.ba. WorkBC Centre Williams Lake):

Hired two new people, lots of training

Meeting Adjourned: 12:35pm

What's Coming Up

January 23	July 24
February 27	August - summer break, no meeting
March 27	September 25
April 24	October 23
May 29	November 27 - AGM & Community Meeting
June 26	December - winter break, no meeting

Become a Social Planning Council Member!

Social Planning Council is a member-supported organization. Your membership fees are critical to supporting our work connecting, collaborating, and bringing our community together for a better quality of life for all.

For more info contact info@wlspc.ca
or find a membership form HERE



The Social Planning Council of Williams Lake and Area thanks to the City of Williams Lake for their funding support.

266 Oliver Street, Williams Lake, BC V2G 1M1

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